Movin' Out



拍数: 24 墙数: 4 级数: Beginner

编舞者: Derek Robinson (UK) - April 2017

音乐: Movin' Out - Roslyn: (Single - iTunes & Amazon)



#8 count intro. Start on lyrics.

Sec 1:□SIDE, TOGETHER, SIDE, TOGETHER, FORWARD, ROCKING CHAIR, FORWARD ROCK, SIDE.

1-2 Step right to right side, step left beside right.

3&4 Step right to right side, step left beside right, step forward right.

Rock forward on left, recover onto right, rock back on left, recover onto right.

Rock forward on left, recover onto right, step left to left side and slightly back.

Sec 2: ☐ACROSS, ¼ TURN, COASTER STEP, FORWARD ROCK, SHUFFLE BACK ½ TURN.

1-2 Cross right over left, make ¼ turn right stepping back on left. (3.00) 3&4 Step back on right, step left beside right, step forward on right.

5-6 Rock forward on left, recover onto right.

7&8 Shuffle back making ½ turn left, stepping - left, right, left. (9.00).

Sec 3: ☐HEEL SWITCHES, TOE TOUCHES, WALK ½ CIRCLE RIGHT.

Touch right heel forward, step right beside left, touch left heel forward, step left beside right.

Touch right toe to side, step right beside left, touch left toe to side, step left beside right.

5-8 Walk in a ½ circle right (with attitude), stepping - right, left, right, left. (3.00)

Begin again.

Vale Of Lune Line Dancing Audrey or Derek Robinson Email: auder8@msn.com