

# Run Baby

**COPPER** KNOB  
BY STEPHENETS

拍数: 24      墙数: 4      级数: Beginner waltz  
编舞者: Anne Herd (AUS) - April 2017  
音乐: Run - Marsha Ambrosius : (CD: Friends & Lovers Deluxe Edition - iTunes - 3:48)



**Intro: Start on lyrics approx. 24 beats in weight on R – Dance moves 1/4 CCW (No Restarts/Tags)**

## **BASIC WALTZ FORWARD AND BACK**

1-2-3      Step fwd. on L, Step R beside L, and Step L beside R  
4-5-6      Step back on R, Step L beside R, and Step R beside L

## **BASIC WALTZ FORWARD, 1/4 TURN. WALTZ BACK**

1-2-3      Step forward on L, Turn 1/4 L Step R beside L, and Step L beside R  
4-5-6      Step back on R, Step L beside R, and Step R beside L

## **CROSS WALTZ, CROSS WALTZ**

1-2-3      Cross L over R, Rock R to side, Recover to L  
4-5-6      Cross R over L, Rock L to side, Recover to R,

## **STEP DRAG, BACK POINT. HOLD**

1-2-3      Step fwd. on L, Drag R beside L over two counts (keep weight on L)  
4-5-6      Step back on R, Point L to side, Hold

**[24] Begin again**

This dance can be used as a split floor with the intermediate waltz RUN choreographed by myself and Lorraine Shelton

Contact: [anneherd@bigpond.com](mailto:anneherd@bigpond.com)

---