

# Memphis Rocks (孟菲斯搖滾) (zh)

COPPER KNOB  
STEPSHEETS

拍数: 48                      墙数: 4                      级数: Improver  
编舞者: Nina Chen (TW) - 2017年05月  
音乐: Memphis Rocks by Billy Swan



Intro: 16 counts (start on vocals)

## Sec 1: CHASSE R - CROSS ROCK - RECOVER - FWD SHUFFLE 1/4 L - ROCK FWD - RECOVER

1&2                      Step RF to R - Step LF beside RF - Step RF to R  
3-4                      Rock LF over RF - Recover onto RF  
5&6                      Fwd shuffle (L R L) 1/4 turn L (9:00)  
7-8                      Rock RF fwd - Recover onto LF  
1&2                      右足右踏 - 左足併踏右足旁 - 右足右踏  
3-4                      左足前跨下沉 - 重心回右足  
5&6                      前交換步 (左 右 左) 向左轉1/4 (9:00)  
7-8                      右足前下沉 - 重心回左足

## Sec 2: CHASSE R - ROCK BACK - RECOVER - CHASSE L - ROCK BACK - RECOVER

1&2                      Step RF to R - Step LF beside RF - Step RF to R  
3-4                      Rock LF back - Recover onto RF  
5&6                      Step LF to L - Step RF beside LF - Step LF to L  
7-8                      Rock RF back - Recover onto LF  
1&2                      右足右踏 - 左足併踏右足旁 - 右足右踏  
3-4                      左足後下沉 - 重心回右足  
5&6                      左足左踏 - 右足併踏左足旁 - 左足左踏  
7-8                      右足後下沉 - 重心回左足

## Sec 3: 1/4 L CHASSE R - 1/4 L CHASSE L - 1/4 L CHASSE R - 1/4 L CHASSE L

1&2                      1/4 turn L (6:00) step RF to R - Step LF beside RF - Step RF to R  
3&4                      1/4 turn L (3:00) step LF to L - Step RF beside LF - Step LF to L  
5&6                      1/4 turn L (12:00) step RF to R - Step LF beside RF - Step RF to R  
7&8                      1/4 turn L (9:00) step LF to L - Step RF beside LF - Step LF to L  
1&2                      左轉1/4 (6:00) 右足右踏 - 左足併踏右足旁 - 右足右踏  
3&4                      左轉1/4 (3:00) 左足左踏 - 右足併踏左足旁 - 左足左踏  
5&6                      左轉1/4 (12:00) 右足右踏 - 左足併踏右足旁 - 右足右踏  
7&8                      左轉1/4 (9:00) 左足左踏 - 右足併踏左足旁 - 左足左踏

## Sec 4: FWD SHUFFLE - FWD SHUFFLE - ROCK FWD - RECOVER - FWD SHUFFLE 1/2 R

1&2                      Fwd shuffle (R L R)  
3&4                      Fwd shuffle (L R L)  
5-6                      Rock RF fwd - Recover onto LF  
7&8                      Fwd shuffle (R L R) 1/2 turn R (3:00)  
1&2                      前交換步 (右 左 右)  
3&4                      前交換步 (左 右 左)  
5-6                      右足前下沉 - 重心回左足  
7&8                      前交換步 (右 左 右) 向右轉1/2 (3:00)

## Sec 5: (L&R) DIAGONAL FWD - HEEL - TOE - TOUCH

1-4                      Step LF diagonal fwd - Swivel R heel in toward LF - Swivel R toe in toward LF - Touch RF  
deside LF  
5-8                      Step RF diagonal fwd - Swivel L heel in toward RF - Swivel L toe in toward RF - Touch LF  
deside RF

- 1-4 左足斜前踏 - 右足跟提起轉向左足方向 - 右足尖提起轉向左足方向 - 右足點於左足旁  
5-8 右足斜前踏 - 左足跟提起轉向右足方向 - 左足尖提起轉向右足方向 - 左足點於右足旁

**Sec 6: (L&R)SLIGHTLY DIAGONAL BACK TOUCH WITH HIP BUMP - (L&R)SLIGHTLY DIAGONAL BACK TOUCH - SIDE TOUCH WITH HIP BUMP**

- 1&2 Step LF slightly diagonal back - Touch ball of RF beside LF with hip bump  
3&4 Step RF slightly diagonal back - Touch ball of LF beside RF with hip bump  
5&6& Step LF slightly diagonal back - Touch ball of RF beside LF - Step RF slightly diagonal back - Touch LF beside RF  
7&8 Step LF to L - Touch ball of RF beside LF with hip bump  
1&2 左足稍微斜後踏 - 右足輕點於左足旁並堆放右臀  
3&4 右足稍微斜後踏 - 左足輕點於右足旁並堆放左臀  
5&6& 左足稍微斜後踏 - 右足輕點於左足旁 - 右足稍微斜後踏 - 左足輕點於右足旁  
7&8 左足左踏 - 右足輕點於左足旁並堆放右臀

**Restart: After S2 of the 4th wall (6:00)**  
**重新開始: 在第四面牆 S2結束後 (6:00)**

**Ending : During S4 of Wall 7, (7&8) fwd shuffle (R L R) 1/4 turn R to face the front (12:00)**  
**結束: 第七面牆跳到第四段的 (7&8) 前交換步 (右 左 右) 右轉 1/4 面向正面 (12:00)**

**Have Fun & Happy Dancing !**

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