

# Open Arms (敞開雙臂) (zh)

COPPER KNOB  
BY STEPHENETS

拍数: 48      墙数: 4      级数: Improver  
编舞者: Nina Chen (TW) - 2017年05月  
音乐: Open Arms - Journey



Intro: 24 counts (start on vocals)

## Sec 1: CROSS ROCK - RECOVER - SIDE - SWAY

1-3      Rock LF over RF - Recover onto RF - Step LF to L  
4-6      Sway (R L R)  
1-3      左足前跨 - 重心回右足 - 左足左踏  
4-6      搖臀 (右 左 右)

## Sec 2: L TWINKLE 1/4 TURN L - R TWINKLE 1/4 TURN R

1-3      Cross LF over RF - 1/4 turn L (9:00) step RF slightly to R - Step LF together  
4-6      Cross RF over LF - 1/4 turn R (12:00) step LF slightly to L - Step RF together  
1-3      左足前跨 - 左轉1/4 (9:00) 右足略右踏 - 左足併於右足旁  
4-6      右足前跨 - 右轉1/4 (12:00) 左足略左踏 - 右足併於左足旁

## Sec 3: HALF DIAMOND

1-3      Cross LF over RF - Make 1/8 turn L (10:30) stepping RF to R - Make 1/8 turn L (9:00) stepping LF back  
4-6      Step RF back - Make 1/8 turn L (7:30) stepping LF to L - Make 1/8 turn L (6:00) stepping RF fwd  
1-3      左足前跨 - 左轉1/8 (10:30) 右足右踏 - 左轉1/8 (9:00) 左足後踏  
4-6      右足後踏 - 左轉1/8 (7:30) 左足左踏 - 左轉1/8 (6:00) 右足前踏

## Sec 4: CROSS - RECOVER - SIDE. (x2)

1-3      Cross LF over RF - Recover onto RF - Step LF to L  
4-6      Cross RF over LF - Recover onto LF - Step RF to R  
1-3      左足前跨 - 重心回右足 - 左足左踏  
4-6      右足前跨 - 重心回左足 - 右足右踏

## Sec 5: WALTZ BOX

1-3      Step LF fwd - Step RF to R - Step LF beside RF  
4-6      Step RF back - Step LF to L - Step RF beside LF  
1-3      左足前踏 - 右足右踏 - 左足併踏右足旁  
4-6      右足後踏 - 左足左踏 - 右足併踏左足旁

## Sec 6: WEAVE - SIDE - DRAG

1-3      Cross LF over RF - Step RF to R - Cross LF behind RF  
4-6      Step RF long step to R - Drag LF beside RF (Drag over 2 counts)  
1-3      左足前跨 - 右足右踏 - 左足後跨  
4-6      右足右大踏 - 左足拖向右足旁 (兩拍)

## Sec 7: FWD - KICK - COASTER

1-3      Step LF fwd - Drag RF towards LF - Kick RF fwd  
4-6      Step RF back - Step LF beside RF - Cross RF over LF  
1-3      左足前踏 - 拖右足朝向左足 - 右足前踢  
4-6      右足後踏 - 左足併踏右足旁 - 右足前跨

## Sec 8: 1/4 TURN L FWD - SWEEP - CROSS - ROCK - RECOVER

1-3      1/4 turn L (3:00) Step LF fwd - Sweep RF (2 counts)

4-6 Cross RF over LF - Rock LF to L - Recover onto RF  
1-3 左轉1/4 (3:00) 左足前踏 - 右足前繞 (2拍)  
4-6 右足前跨 - 左足左下沉 - 重心回右足

**Restarts:-**

Wall 2 (9:00), Wall 6 (3:00), After 30 counts

Wall 4 (6:00), After 24 counts

重跳: 第二牆 (9:00), 第六牆 (3:00), 跳完 30 拍後重新跳  
第四牆 (6:00), 跳完 24 拍後重新跳

Have Fun & Happy Dancing!

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