

1159

拍数: 32 墙数: 4 级数: Improver
编舞者: Flat Guo (CN) & Yanzi Zhang (CN) - April 2017
音乐: 11:59 (Central Standard Time) - The Railers : (iTunes)



Count In: 16 counts

Notes : Restart after 16 counts on wall 4(12:00)and wall 10(6:00)

[1-8] R FWD ,L FWD, R SHUFFLE, L FWD ROCK, L BACK, MAKE1/2TURM R FWD MAKE1/4 TURN L SIDE

1 2 3&4 1) Step R forward 2) Step L forward 3)Step R forward &)Step L next to R 4)Step R forward
5 6 7&8 5) Rock L forward 6) recover weight R 7)Step L back &) make1/2turn right stepping forward
R(6:00) 8)make1/4turn right stepping L to left side (9:00)

[9-16] R BEHIND ,L SIDE, R CROSSING SHUFFLE, L SIDE ROCK, MAKE1/2 TURN L SAILOR

1 2 3&4 1) cross R behind L 2) step L to left side 3) cross R over L &) step L to left side 4) cross R
over L (9:00)
5 6 7&8 5) Rock L to left side 6) recover weight R 7) make 1/2 turn left stepping back L (3:000) &)
step R next to L 8) step L forward (3:00)

[17-24] R BEHIND, L SIDE, R BEHIND, L SIDE, R CROSS, L SIDE ROCK, L CROSSING SHUFFLE

1 2 3&4 1) cross R behind L 2) step L to left side 3) cross R behind L &) step L to left side 4) cross R
over L
5 6 7&8 5) Rock L to left side 6) recover weight R 7) cross L over R &) step R to right side 8) cross L
over R (3:00)

[25-32] MAKE 1/4 TURN LEFT R BACK, MAKE1/4 TURN LEFT L SIDE, CROSS ROCK X2, R FWD, 1/2 PIVOT LEFT

1 2 1) make 1/4 turn left stepping back R (12:00) 2) make 1/4 turn left stepping L to left side
(9:00)
3&4 5&6 3) Cross Rock R over L &) Recover L 4) step R to R 5) Cross Rock L over R &) Recover R 6)
Step L to L
7 8 7) Step forward R 8) Pivot 1/2 turn Left Stepping R flick(3:00)

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