

# Outa My Head

拍数: 48      墙数: 4      级数:  
编舞者: Autumn Lynn (IT) - April 2017  
音乐: Seein' Red - Dustin Lynch



## (1) Step R, hold, Sailor R, Sailor L, Behind side cross

1,2            Step on R and hold for a count  
3&4            Sailor R  
5&6            Sailor L  
7&8            Behind side cross

## (2) Step Drag, R Strut, L Strut, Pivot $\frac{3}{4}$

1&2            Step right foot out, drag left foot for a count and step on it. Making 2 counts  
3, 4            Right toe strut w/hip bumps  
5,6            Left Toe Strut w/hip bumps  
7                Pivot  $\frac{3}{4}$  holding out L Foot  
8                you drag L foot in

## (3) Kick Ball Change, Pivot half, Triple L, pivot half, full turn

1&2            Kick ball change R  
3, 4            Pivot  $\frac{1}{2}$  over R  
5&6            Forward Triple left  
7                Pivot half over L  
8                Full turn over R

## (4) Hip bumps R, Hip bumps L, Heel jack L Heel Jack R

1,2            Hip bumps to the R  
3,4            Hip Bumps to the L  
5&6            Heel Jack L  
7&8            Heel Jack R

## (5) Touch Step, Swivel L, Kick step back drag L 2 counts

1, 2            Touch R step Left foot in front of right  
3,4            Swivel Left  
5,6            Kick R Step back  
7,8            Drag L step

## (6) Point R Kick R Point Left Kick Left, 4 walks

1,2            Point R, kick R  
3,4            Point L, L Kick ball change  
5,6,7,8        4 Walks R,L, R, L

\*1st Restart happens at Wall 3

\*\*2nd Restart happens at wall 5

You can hear both Restarts in the music

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