

With The Lights On

COPPERKNOB
BY STEPHEN

拍数: 32 墙数: 4 级数: Intermediate / Advanced
编舞者: Gemma Ridyard (UK) & Niels Poulsen (DK) - February 2017
音乐: Lights On - Shawn Mendes : (iTunes)



Intro: 16 counts into music (app. 10 secs. into track). Weight on L foot

*1 easy Restart: On wall 4 (starts facing 9:00), after 16 counts, now facing 12:00

[1 – 8] □ Sync. R coaster, fwd L, side rock cross, $\frac{1}{4}$ R, $\frac{1}{2}$ R, step $\frac{1}{2}$ turn R

&1 – 2 Step back R (&), step L next to R (1), step fwd on R (2) □12:00
3&4& Step L fwd (3), rock R to R side (&), recover on L (4), cross R over L (&) □12:00
5 – 6 Turn $\frac{1}{4}$ R stepping back on L (5), turn $\frac{1}{2}$ R stepping fwd on R (6) □9:00
7 – 8 Step fwd on L (7), turn $\frac{1}{2}$ R onto R (8) □3:00

[9 – 16] □ $\frac{1}{4}$ R, cross, side L, cross rock side, cross, R side rock, $\frac{1}{4}$ L flick, fwd R, tog. L

&1 – 2 Turn $\frac{1}{4}$ R stepping L to L side (&), cross R over L (1), step L to L side (2) □6:00
3&4& Cross rock R over L (3), recover on L (&), step R to R side (4), cross L over R (&) □6:00
5 – 6 Rock R to R side (5), turn $\frac{1}{4}$ L recovering onto L and flicking R back (6) □3:00
7 – 8 Step R fwd (7), step L next to R (8) * Restart here on wall 4, facing 12:00 □3:00

[17 – 23] □ Ball step back, heel $\frac{1}{2}$ turn L, fwd R, $\frac{1}{4}$ R side rock cross, full turn L, side rock

&1 – 2 Step R back (&), step L back (1), turn $\frac{1}{2}$ L on heels ending with weight on L (2) □9:00
3&4& Step R fwd (3), turn $\frac{1}{4}$ R rocking L to L side (&), recover R (4), cross L over R (&) □12:00
5 – 6 Turn $\frac{1}{4}$ L stepping back on R (5), turn $\frac{1}{2}$ L stepping fwd on L (6) □3:00
7& Turn $\frac{1}{4}$ L rocking R to R side (7), recover on L (&) □12:00

[24 – 32] □ Weave sweep, L behind, side touch R & L, $\frac{1}{4}$ R, walk L, R rock fwd

8&1 Cross R over L (8), step L to L side (&), cross R behind L sweeping L to L side (1) □12:00
2 Cross step L behind R (2) □12:00
3&4& Step R to R side (3), touch L next to R (&), step L to L side (4), touch R next to L (&) □12:00
5 – 6 Turn $\frac{1}{4}$ R stepping fwd on R (5), walk L fwd (6) □3:00
7 – 8 Rock R fwd (7), recover back on L (8) □3:00

Start again

Ending □ Wall 9 is your last wall (starts at 3:00). Do up to count 9 (facing 9:00), R is crossed over L. Turn $\frac{1}{4}$ L stepping L fwd on count 10 sweeping R a $\frac{1}{2}$ L to finish at 12:00

Gemma Ridyard – jamjar100@hotmail.com
Niels Poulsen - nielsbp@gmail.com