

# AB Rock

拍数: 16      墙数: 1      级数: Absolute Beginner  
编舞者: Cati Torrella (ES) - April 2017  
音乐: Never Loved Before - Alan Jackson & Martina McBride



Alt. Music: "Take Me To The River" - Delbert McClinton or any ECS

**[1-4]: Right TRIPLE STEP, Left Back ROCK STEP**

1            RF step to right side  
&            Step LF beside right  
2            RF step to right side  
3            Rock back on Left Foot  
4            Recover weight on RF

**[5-8]: Left TRIPLE STEP, Right Back ROCK STEP**

1            LF step to left side  
&            Step RF beside left  
2            LF step to left side  
3            Rock back on Right Foot  
4            recover weight on LF

**[9-12]: TRIPLE STEP FORWARD, STEP ½ TURN**

1            RF Step forward  
&            LF step beside Right Foot  
2            RF Step forward  
3            LF Step forward  
4            ½ Turn to right , change weight on RF

**[13-16]: TRIPLE STEP FORWARD, STEP ½ TURN**

1            LF Step forward  
&            RF step beside Left Foot  
2            LF Step forward  
3            RF Step forward  
4            ½ turn to left, change weight on LF

**START AGAIN □**

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