

Mom's Word

拍数: 64 墙数: 2 级数: Phrased Intermediate
编舞者: Low Boon Hua (SG) - April 2017
音乐: Listen to Mom (聽媽媽的話) - Jay Chou (周杰倫)



Dance Intro: 16 counts - Sequence: AA BB AA BB BA BB End

A(32 counts)

A1: □R to R, L Sailor, back side cross, ¼ L, L Fwd, Pivot ½ R, L Fwd R Lock Behind X2, L Fwd

1 2&3 Step R to R, cross L behind R, step R beside L, step L to L
&4& Cross R behind L, step L to L, cross R over L
5 6 ¼ L step L fwd, pivot ½ R (3:00)
7&8& Step L fwd, lock R behind L, step L fwd, lock R behind L

A2: □Fwd L ¼ L Hitch R, R cross L, Weave L, L side Mambo, R side Mambo

1 2 Step L fwd (Hitch R and turn ¼ L), cross R over L (12:00)
3&4& Step L to L, R cross behind L, step L to L, cross R over L
5&6 Rock L to L, recover back to R, step L beside R,
7&8 Rock R to R, recover back to L, touch R beside L (12:00)

A3: □Skate RLRL, Diagonal L Rocking Chair, Rock R Fwd, ⅜ R step R Fwd

1234 Skate R L R L (moving fwd)
5&6& Diagonal L(10:30) Rock R fwd, recover on L, rock R back, recover on L
7&8 Rock R fwd, recover on L, ⅜ R step R fwd (3.00)

A4: □Step L fwd, Pivot ¼ R, L Vaudeville, R Vaudeville, L Cross Shuffle

1 - 2 Step L fwd, ¼ R (6:00)
3&4& Cross L over R, Step R to R, touch L heel to L diagonal, Step L beside R
5&6& Cross R over L, Step L to L, touch R heel to R diagonal, Step R beside L
7&8 Cross L over R, step R to R, cross L over R (6.00)

B(32 counts) 12:00 (Listen to the music dance with hold & sweep)

B1: □Step R, L Back Rock, Full L Turn, Sweep R Fwd

1234 R big step to R, hold (drag L to R), step L behind R, cross R over L
5678 ¼ L step L fwd, ½ L step R back, ¼ L step L to L, sweep R back to front (12:00)

B2: □R Cross Side Back, Sweep L Back, L Behind Side Cross, Hold

1234 Cross R over L, step L to L, step R behind L, sweep L from front to back
5678 Cross L behind R, step R to R, cross L over R, hold

B3: □R Fwd, Hold, L Back, ½ R, R Fwd, L Fwd, Hold, R Back, ½ L, L Fwd

1234 Step R fwd (extend R hand fwd), hold, step L Back, ½ R step R Fwd (6:00)
5678 Step L fwd (extend L hand fwd), hold, step R Back, ½ L step L Fwd (12:00)

B4: □R cross L, L back, R to R, L cross R, R back, L to L, R cross L, Unwind ½ L

1 2 3 Cross R over L, step L back, step R to R
4 5 6 Cross L over R, step R back, step L to L
7 8 Cross R over L, unwind ½ L

Ending □Step R to R bring R hand up from L slowly drop down from R side

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