

Passport Home

COPPER KNOB
BY STEPHEN BATES

拍数: 80 墙数: 1 级数: Phrased Advanced
编舞者: Gemma Ridyard (UK) & Lyn Ridyard (UK) - April 2017
音乐: Passport Home - JP Cooper : (iTunes)



Sequence - A,B,C, TAG, A,B,B,C, A,B

Part A - (32 counts - repeat the first 16 counts twice)

A1: Syncopated sailor steps, touch R to behind LF, 1/4, 1/2, 1/2, boogie walk fwd

1&2 Step RF behind LF (1) step LF to L side (&) step RF to R side (2)
&3&4 Step LF behind RF (&) step RF to R side (3) step LF to L side (&) touch R to behind LF (4)
5-6 make a 1/4 turn R step RF forward (5) make a 1/2 turn R step LF back (6)
7&8 make a 1/2 turn R step RF forward (7) slight bend in the knees step LF forward (&) step RF forward (8) (3 o'clock)

A2: 1/4 turn side rock, cross shuffle, out out, bend R knee down, R should roll extend R arm away

1&2 make a 1/4 turn R rocking LF to left side (1) replace weight to RF (&) cross LF over RF (2) (6 o'clock)
&3 step RF to R side (&) step Lf over RF (3)
&4 step RF to R side (&) step LF to L side (4)
5-6 Angle body to 5:30 as you bend R knee down towards the ground (5) roll R shoulder backwards (6)
7-8 extend R arm away behind you from should, elbow through to wrist (7,8)

A3: Syncopated sailor steps, touch R to behind LF, 1/4, 1/2, 1/2, boogie walk fwd

1&2 Step RF behind LF (1) step LF to L side (&) step RF to R side (2)
&3&4 Step LF behind RF (&) step RF to R side (3) step LF to L side (&) touch R to behind LF (4)
5-6 make a 1/4 turn R step RF forward (5) make a 1/2 turn R step LF back (6)
7&8 make a 1/2 turn R step RF forward (7) slight bend in the knees step LF forward (&) step RF forward (8) (9 o'clock)

A4: 1/4 turn side rock, cross shuffle, out out, bend R knee down, R should roll extend R arm away

1&2 make a 1/4 turn R rocking LF to left side (1) replace weight to RF (&) cross LF over RF (2) (12 o'clock)
&3 step RF to R side (&) step Lf over RF (3)
&4 step RF to R side (&) step LF to L side (4)
5-6 Angle body to 5:30 as you bend R knee down towards the ground (5) roll R shoulder backwards (6)
7-8 extend R arm away behind you from should, elbow through to wrist (7,8)

Part B (16 counts)

B1: Step hitch, run back, sway, sway step sweeping hitch 5/8 turn right run, run

&1,2& Step LF forward to 11:30 (&) contract stomach bring R knee through to a hitch both hands press forward hands like stop signs (1) stay facing 11:30 step back on RF (2) step back on LF (&)
3-4 square up to 12 o'clock step RF to R swaying hips R, step LF to L side swaying hips L
5-7 step RF to R side (5) making 5/8 turn R hitch up LF knee to face 7:30 (6) step LF to 7:30 (7)
8& step RF forward, step LF forward

B2: Slow pivot 1/2 R, 1/2 left, 1/2 R reach arm, reach left arm, big step fwd RF, syncopated jazz box

1-2 slow 1/2 turn R as you sweep R arm over in a clockwise direction (1,2)
3,4& turn 1/2 turn L wrap both arms around body (hug) (3) turn 1/2 turn R reach R arm forward at chest height (4) reach left arm forward at chest height clasp hands together (&) (facing 1:30)

- 5-6 take a large step forward with RF as you draw hands into chest (5,6)
7&8& cross Lf over RF (7) step RF back squaring up to 12 o'clock (&) step LF to L side (8) step RF over LF (&)

Part C (32 counts)

C1: Side back rock, side back rock, side rock left, 1/4, 1/2

- 12& step LF to L side (1) rock RF behind LF (2) replace weight forward to LF (&)
34& step RF to R side (3) rock LF behind LF (2) replace weight forward to RF (&)
5-6 Rock LF to L side (5) hold (6)
7-8 turn 1/4 turn R step RF forward (7) turn 1/2 turn R step LF back (9 o'clock)

C2: 1/4 turn side, heel bounce, heel toe heel, 2 x syncopate jazz boxes

- 1-2 turn 1/4 turn R step RF to R side (1) Heel Bounce (2)
3&4 swivel left heel in (3) swivel L toe in (&) swivel L heel in (4)
5&6& cross LF over RF (5) turn 1/4 turn left step RF back (&) step LF to L side (6) step RF forward (&) (9 o'clock)
7&8& cross LF over RF (5) turn 1/4 turn left step RF back (&) step LF to L side (6) step RF forward (&) (6 o'clock)

C3: Step L, step R, chasse to L, step R, step L chasse to R

- 1-2 step LF to L side (1) step RF to R side (2)
3&4 step LF to L side (3) step RF next to LF (&) step LF to L side (4)
5-6 step RF to R side (5) step LF to L side (6)
7&8 step RF to R side (7) step LF next to RF (&) step RF to 5 side turning 1/8 turn R (8) (7:30)

(optional styling to take the knee's apart and together)

C4: 2x syncopated forward, ball step, hold, heel bounce 3/8 turn right

- 12& rock LF (1) replace weight to RF (2) close LF next to RF (&)
34& rock RF (3) replace weight to LF (4) close RF next to LF (&)
5-6 Step LF forward (5) hold (6)
7-8 turning 3/8 turn R 2x heel bounces (12 o'clock)

Tag: 8 counts

Syncopated sailor steps, touch RF behind LF, out out, in in, 2x heel bounces

- 1&2 Step RF behind LF (1) step LF to L side (&) step RF to R side (2)
&3&4 Step LF behind RF (&) step RF to R side (3) step LF to L side (&) touch R to behind LF (4)
5&6& step RF out (5) step LF out (&) step RF in (6) step LF in (&)
7-8 2x heel bounces
-