

No te Vayas

COPPER **NOB**
STEPSHEETS

拍数: 32 墙数: 2 级数: Beginner
编舞者: Montse Garres (ES) & Miguel Angel Sanjuan (ES) - April 2017
音乐: No Te Vayas - Nicky Jam



Traslation by: Miguel Ángel Sanjuan "Wild West LD&CWD"

[1 – 8]: □ MAMBO R FWD, MAMBO R BACK, CHASSE R, MAMBO L FWD, MAMBO L BACK, CHASSE L.

- 1&2& Step forward right foot, weight on left foot, step back right foot, weight on right foot.
3&4 Step right foot to the right, step left foot together, step right foot to the right.
5&6& Step forward left foot, weight on right foot, step back left foot, weight on right foot.
7&8 Step left to the left, step right foot together, step left foot to the left.

[9-16]: □ WALK FWD R-L, SWIVEL ¼ TURN R TWICE, STEP BACK R-L, SWIVEL OUT-IN (x2)

- 9 – 10 Step forward right foot, step forward left foot.
11&12 Turn heels to the left turning ¼ left, back to place, turn heels to the left turning ¼ left.
13 – 14 Step back right foot, step back left foot.
&15&16 Open right foot and left foot outwards and close inwards (x2)

[17-24]: □ BOTOFOGO R to L (SCISSORS), BOTOFOGO L to R (SCISSORS), PADDLE TURN L.

- 17&18 Step right foot back, left foot together, cross right foot over left.
19&20 Step left foot back, right foot together, cross left foot over right.
21&22&23&24& Step right foot forward turning ¼ left, weight on left foot (x4), swaying hips.

[25-32]: SWIVELS FWD DIAGONALLY R-L, SHUFFLE FWD R, SWIVELS FWD DIAGONALLY L-R, SHUFFLE FWD L

- 25 – 26 Slide right foot diagonally forward, slide left foot diagonally forward.
27&28 Step right foot diagonally forward, step left foot together, step right foot diagonally forward.
29 – 30 Slide left foot diagonally forward, slide right foot diagonally forward.
31 & 32 Step left foot diagonally forward, step right foot together, step left foot diagonally forward.

REPEAT

Enjoy & Have Fun!!!!

Contact:-

wildwest.svh@gmail.com

miquel.sanjuan@wildwestlinedancecountry.com

montse.garres@wildwestlinedancecountry.com

Web: <http://wildwestlinedancecountry.blogspot.com.es/>

Facebook:

<https://www.facebook.com/Wild-West-Line-dance-Country-Western-Dance-Spain-235643639859985/?ref=hl>

Youtube Channel: <https://www.youtube.com/channel/UCI-dy7Qrz7Y4DxEueLxDQxQ>

Tel.- +34 652760976 - +34 636277945

Descarga Música / Descarrega Musica / Download Music:

<https://1drv.ms/u/s!Ar8EA8FYPPoQQgRow2UjltwihoYDI>