

Light It Up

拍数: 64 墙数: 4 级数: Intermediate
编舞者: Gary O'Reilly (IRE) - March 2017
音乐: Light It Up (feat. Samantha J.) - Marcus & Martinus



Music Available from iTunes & Amazon

#16 count intro starting on the lyric "crazy" - No Tags & No Restarts

Section 1: Walk R, Walk L, Side Rock, Walk Forward, Forward Rock, Shuffle ½ L

1 2 Walk forward on right (1), walk forward on left (2)
& 3 4 Rock right to right side (&), recover on left (3), walk forward on right (4)
5 6 Rock forward on left (5), recover on right (6)
7 & 8 ¼ turn left stepping left to left side (7), step right next to left (&), ¼ turn left stepping forward on left (8) [6:00]

Section 2: Walk R, Walk L, Side Rock, Walk Forward, Forward Rock, ¼ Chasse L

1 2 Walk forward on right (1), walk forward on left (2)
& 3 4 Rock right to right side (&), recover on left (3), walk forward on right (4)
5 6 Rock forward on left (5), recover on right (6)
7 & 8 ¼ left stepping left to left side (7), step right next to left (&), step left to left side (8) [3:00]

Section 3: Cross, Side Rock, Cross, Side, Sailor ¼ L, Step ½ Pivot L

1 Cross right over left (1)
2 & 3 Rock left to left side (2), recover on right (&), cross left over right (3)
4 Step right to right side (4)
5 & 6 ¼ turn left crossing left behind right (5), step right next to left (&), step forward on left (6) [12:00]
7 8 Step forward on right (7), pivot ½ turn left (8) [6:00]

Section 4: R Heel Grind & L Heel Grind & R Heel Grind ¼ R, Coaster Step

1 2 & Grind right heel over left (1), step left to left side (2), step right next to left (&)
3 4 & Grind left heel over right (3), step right to right side (4), step left next to right (&)
5 6 Grind right heel over left (5), ¼ turn right stepping back on left (6) [9:00]
7 & 8 Step back on right (7), step left next to right (&), step forward on right (8)

Section 5: Dorothy L & Dorothy R & Forward Rock, Coaster Step

1 2 & Step forward on left toward left diagonal (1), lock right behind left (2), step slightly forward on left (&)
3 4 & Step forward on right toward right diagonal (3), lock left behind right (4), step slightly forward on right (&)
5 6 Rock forward on left (5), recover on right (6)
7 & 8 Step back on left (7), step right next to left (&), step forward on left (8)

Section 6: Walk, Paddle ¼, Paddle ¼, Flick, Cross, Point, Cross Samba

1 Walk forward on right (1)
2 3 4 ¼ turn right touching left to left side (2), ¼ turn right touching left to left side (3), flick left up and out to left side (4) [3:00]
5 6 Cross left over right (5), point right to right side (6)
7 & 8 Cross right over left (7), rock left to left side (&), recover on right (8)

Section 7: Cross, Side, Behind Side Cross, Side Rock, Behind Side Cross

1 2 Cross left over right (1), step right to right side (2)
3 & 4 Cross left behind right (3), step right to right side (&), cross left over right (4)

5 6 Rock right to right side (5), recover on left (6)
7 & 8 Cross right behind left (7), step left to left side (&), cross right over left (8)

Section 8: ¼ L, ½ L, Coaster Step, Step ¼ Pivot L, Kick Ball Change

1 2 ¼ turn left stepping forward on left (1), ½ turn left stepping back on right (2) [6:00]
3 & 4 Step back on left (3), step right next to left (&), step forward on left (4)
5 6 Step forward on right (5), pivot ¼ turn left (6) [3:00]
7 & 8 Kick right forward (7), step right next to left (&), step left next to right (8)

Optional ending: During the 6th rotation (the last wall), you will end the dance facing the back wall (6:00).

Replace the Kick Ball Change with:

7&8 Kick right forward (7), step right next to left (&), cross left over right (8)
1 Unwind ½ turn over right shoulder to face the front (1)

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