

This Afternoon

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Kerly Luige (EST) - June 2010
音乐: This Afternoon - Nickelback : (Album: Dark Horse)



Start with the lyrics

Mambo-Step Forward, Coaster-Step Back, Pivot-Turn 1/2-Step, Full-Turn with 2 Paddle-Turns

1&2 Rock right forward, recover weight on left, step together with right
3&4 Step back with left, step together with right, step left forward
5&6 Step right forward, make a 1/2 turn to left, step right forward
&7 Step left forward, recover weight to right as you turn 1/2 over right shoulder
&8 Step left forward, recover weight to right as you turn 1/2 over right shoulder

2x Heel-Jacks, &Cross, Step Forward 1/4, Pivot-Turn 1/2-Step

1&2 Step left across right, step right to right side, touch left heel diagonally forward to 10:30 direction
&3&4 Step together with left, step right across left, step left to left side, touch right heel diagonally forward to 1:30 direction
&5, 6 Step together with right, step left across right, step right forward 1/4 to right
7&8 Step left forward, make a 1/2 turn to right, step left forward

Mambo-Step Forward, Mambo-Step Back, Pivot-Turn 1/2-Step, Side-Step-Touch- Side-Step-Touch

1&2 Rock right forward, recover weight on left, step together with right
3&4 Rock left back, recover weight on right, step together with left
5&6& Step right forward, make a 1/2 turn to left, step right forward, touch left next to right
7&8& Step left to left side, touch right next to left, step right to right side, touch left next to right

Shuffle Forward, Step - 1/2 Step - 1/4 Step – Cross – Side – Behind - 1/4 Step - 1/2 Step - Rock-Step Back

1&2 Step left forward, step together with right, step left forward
3&4 Step right forward, step left back making a 1/2 turn to right, step right to right side Making a 1/4 turn to right turn 1/2 to right (weight stays on left)
&5&6 Step left across right, step right to right side, step left behind right, step right forward making a 1/4 turn to right
&7,8 Step left back making a 1/2 turn to right, rock right back, recover weight on left

You should end in 3:00 direction

The Dance Has 3 Tags/Restarts:

Restart 1: During the 3rd wall dance first 26 counts and after you have shuffled forward with your left start over

Tag/Restart 2: During the 6th wall dance first 30 counts. On '&' between counts 30 and 31, instead of stepping left back 1/2 just step left forward and start over

Tag/Restart 3: During the 8th wall dance first 24 counts. On '&' between counts 24 and 25 instead of touch step left next to right and start over

Enjoy!

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