

Badam

拍数: 48 墙数: 2 级数: Easy Intermediate
编舞者: Vincent Dijks (NL) - April 2017
音乐: Badam - Loona : (Album: Reload The Summer, Vol 3)



Start after 48 counts on vocals

S1: Rock Across Recover, ¼ R Shuffle Fwd, Pivot ½ R, ½ R Step Lock Step Bkw

1-2 RF rock across, LF recover
3&4 RF ¼ right step forward, LF step beside, RF step forward
5-6 LF step forward, L+R ½ turn right
7&8 LF ½ right step back, RF lock across, LF step back

S2: ½ R Fwd, Fwd, Step Lock Step Fwd, Rock Fwd Recover, Coaster

1-2 RF ½ right step forward, LF step forward
3&4 RF step forward, LF lock behind, RF step forward
5-6 LF rock forward, RF recover
7&8 LF step back, RF together, LF step forward

S3: Rock Fwd Recover, ¼ R Chassé, Cross, Side, Sailor

1-2 RF rock forward, LF recover
3&4 RF ¼ right step side, LF together, RF step side
5-6 LF cross over, □RF step side
7&8 LF cross behind, RF step beside, LF step side

S4: Cross, Side, Sailor, Jazz Box Touch

1-2 RF cross over, LF step side
3&4 RF cross behind, LF step beside, RF step side
5-8 LF cross over, RF step back, LF step side, RF touch beside

S5: Rolling Vine, Point, Rolling Vine Into Chassé ¼ L

1-4 RF ¼ right step forward, LF ½ right step back, RF ¼ right step side, LF point side
5-7 LF ¼ left step forward, RF ½ left step back, LF ¼ left step side
&8 RF together, LF ¼ left step forward

count 4: spread RH up right, LH down left

S6: Rocking Chair, Pivot ½ L, ½ L Back, ¼ L Side

1-4 RF rock forward, LF recover, RF rock back, LF recover
5-6 RF step forward, R+L ½ turn left
7-8 RF ½ left step back, LF ¼ left step side

Start again

Tag + Restart:

Dance the 1st and 3rd wall up to and including count 32 (count 8 of the 4th section), then add:

1-4 RF step right forward, hold, LF step left forward, hold
5-8 turn hips anticlockwise in 2 counts, turn hips anticlockwise in 2 counts

1-4 RF rock forward, LF recover, RF rock back, LF recover
5-6 RF step forward, R+L ½ turn left
7-8 RF step forward, R+L ½ turn left

and start again

Restart: Dance the 6th wall up to and including count 32 (count 8 of the 4th section) and start again.

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