

Jolene Mix

拍数: 40 墙数: 4 级数: Newcomer
编舞者: Andrés de la Rubia Alberti (ES) - April 2017
音乐: Jolene (feat. Dolly Parton) - Pentatonix



[1-4] □ Heel (R&L), Hold

1-2 Heel Rf Foward, Hold
&
3-4 Heel Lf Foward, Hold

[&5-8] □ Rock Side, Behind, side, cross

& 5-6 Close Lf next Rf, Step Rf to the right, Recover weight Lf
7&8 Rf behind Lf, Step Lf to the left, Cross Rf over Lf

[9-12] □ Syncopated Rocks (L&R)

9-10 Rock Lf to left side, Recover onto Rf
&
11-12 Rock Rf to right side , Recover onto Lf
&
Close Rf next to Lf

[13-16] □ Heel foward(L&R), Hold

1-2 Heel Lf Foward, Hold
&
3-4 Heel Rf Foward, Hold

[17-20] □ Rock foward, coaster touch

17-18 Step Rf foward, recover weight Lf
19&20 Rf back, Lf back, touch Rf next Lf

[21-24] □ Shuffle back(R&L)

21&22 Step Rf diagonal back, Lf next Rf, Step Rf diagonal Back
23&24 Step Lf diagonal back, Rf next Lf, Step Lf diagonal back

[25-28] □ Rock back, kick ball cross

25-26 Step Rf back, recover weight Lf
27&28 Kick Rf foward, ball Rf next Lf, Cross Lf over Rf

[29-32] □ Side, behind, Syncopated weave R

29-30 Step Rf to the right, Lf behind Rf
&31 Step Rf to the right, Lf cross over Rf
&32 Step Rf to the right, Lf behind Rf

[33-36] □ Rock side , 1/4 Turn right, Shuffle full turn right

33-34 Rock Rf to right side, recover weight Lf 1/4 turn right
35&36 Rf turn 1/2 turn right, Lf next Rf, Step Rf turn 1/2 turn right

[37-40] □ Heel Grind left, Coaster cross left

37-38 Heel Lf foward with Left toe in, twist Left toe out and step Rf back
39&40 Lf back, Rf back, Lf cross over Rf

Contact: andreslinedance@andreslinedance.es

