

My Pretty Galway Girl

COPPER KNOB
STEP SHEETS

拍数: 64 墙数: 2 级数: Phrased Easy Intermediate
编舞者: Annie Briand (FR), Anne Degoy (FR), Patricia Mathieu (FR), Soline Royer (FR) & Brigitte Truffandier (FR) - April 2017
音乐: Galway Girl - Ed Sheeran : (Album: Divide)



Intro : 16 counts - Sequence : A ; B ; A ; B ; B- (S 3 & 4) ; A ; B ; B- (S3 & 4) x 3

PART A "FUNKY"

AS1: [1-8] □ OUT OUT R-L, SKATE R-L-R, BACK L R, COASTER STEP L

- 1 – 2 Step out on R. Step out on L.
3 & 4 Skate : Step RF on forward diagonal. Step LF on forward diagonal. Step RF on forward diagonal.
5 – 6 Step back on LF. Step back on RF.
7 & 8 Step back on LF. Step RF close to LF. Step forward on LF. [12:00]

AS2: [9-16] □ CAMEL WALK R-L, SIDE ROCK CROSS R, STEP KICK, BACK BACK DRAG L BACK

- 1 – 2 Step forward on RF while making a L knee pop. Step forward on LF while making a R knee pop.
3 & 4 Rock RF to R side. Recover on LF. Cross RF over LF.
5 – 6 Step LF on forward L diagonal [10:30]. Kick RF on forward L diagonal.
7 & 8 Run Back : Step back on RF. Step back on LF. Step back on RF dragging L heel near RF staying on RF.

AS3: [17-24] □ OUT OUT R-L, R KNEE IN, ARMS MVT, HIP ROLL, SWIVELS R + ARMS MVT

- 1 – 2 Step LF to L side making 1/8 turn L [9:00]. Step out on R.
3 & 4 R Knee In: Bend L knee swiveling R toe in with R knee in (3). Swivel on RF to bring R knee in place (&). Push both arms in front of you with flex hands (4) in the same time push hips backwards (4).
5 – 6 Hip Roll from L to R.
7 & 8 Swivel RF: Swivel R heel in. Swivel R toe in. Swivel R heel to center (the RF moves closer to the LF without taking weight).

Arms movements: Bring back both arms in two times (7 &), push both arms down (8).

AS4: [25-32] □ MAMBO STEP FWD R, SIDE ROCK + 1/4 TURN R, OUT OUT R-L, TOES HEELS + BODY ROLL

- 1 & 2 Rock RF forward. Recover on LF. Close RF next to LF.
3 & 4 Rock LF to L side. Recover on RF. 1/4 turn R step forward on LF. [12:00]
5 – 6 Step forward R on R diagonal. Step forward L on L diagonal (weight on both feet). Shoulder movement: Roll your shoulders backwards, R (5) then L (6).
7 & 8 Twist both toes in. Twist both heel in. Twist both toes parallels making a Body Roll (for professionals!)

PART B "IRISH"

BS1: [1-8] □ IRISH GALLOP R, POINT TOUCH HEEL HOOK, TRIPLE (SHUFFLE) STEP FWD L

- 1 & 2 & On balls of feet and towards forward R diagonal [1:30]: Step pointed RF forward. Step (ball) LF near RF. Step pointed RF forward. Step (ball) LF near RF.
3 & 4 Step pointed RF forward. Step (ball) LF near RF. Step RF forward. [1:30]
5 & 6 & Point LF to L side. Touch LF near RF. Touch L heel forward. Hook L leg over R making 1/4 turn L [10:30].
7 & 8 Step LF forward. Step RF close to LF. Step LF forward [10:30].

BS2: [9-16] □ SCUFF HITCH STOMP L THEN R, PADDLE FULL TURN R

- 1 & 2 Scuff R heel. Hitch R knee. Stomp RF near LF making 1/8 turn R. [12:00]

- 3 & 4 Scuff L heel. Hitch L knee. Stomp LF near RF.
 5 & 6 & Paddle Turn : 1/4 turn R stepping RF forward. Step LF near RF. 1/4 turn R stepping RF forward. Step LF near RF.
 7 & 8 & 1/4 turn R stepping RF forward D. Step LF near RF. 1/4 turn R stepping RF forward. Step LF near RF [12:00].

BS3: [17-24] □ SIDE ROCK R, SAILOR STEP R, HEEL & POINT & HEEL & SCUFF + HITCH

- 1 – 2 Rock RF to R side. Recover on LF.
 3 & 4 Sailor Step : Step RF behind LF, Step LF to L side, Step RF to R side.
 5 & 6 & Touch LF heel on L diagonal. Step LF near RF. Touch R toe behind LF. Step RF near LF.
 7 & 8 & Touch LF heel on L diagonal. Step LF near RF. Scuff R heel. Hitch R knee.

BS4: [25-32] □ ROCK STEP FWD R, TRIPLE 1/2 TURN R, KICK OUT OUT, IN IN, SWIVET

- 1 – 2 Rock forward on RF. Recover on LF.
 3 & 4 1/2 turn R stepping RF forward. Step LF near RF. Step RF forward. [6:00]
 5 & 6 & 7 Kick LF forward. Step out on L. Step out on R. Step in on L. Step in on R (weight on both feet).
 & 8 Swivet : On L toe and R heel swivel both toes to R (for professionals :) !) or...

Option □ Swivel both heels to L rising on both toes (&). Recover to center (8).

Note : □ Finish weight on L : either to dance the Part A or to resume with sections 3 and 4 of Part B.

ENDING: □ At the third and last round of Sections 3 and 4 of Part B, beginning at 12:00 :

Replace the last two counts (7-8) with "Cross Unwind 1/2 turn L" for a "big finish" facing 12:00 :

- 7 – 8 Lock RF over LF (7). Unwind making 1/2 turn L (8).

Sequence : Dance normally the "Part A (Funky) and Part B (Irish)" twice, then dance the Sections 3 and 4 of Part B (called "B minus").

Dance again Parts A and B, then dance three times the "B minus" ... and keep smiling

Contact: briand.annie@gmail.com
