

拍数: 32 墙数: 4 级数: Beginner
 编舞者: Rachael McEnaney (USA) - March 2017
 音乐: 11:59 (Central Standard Time) - The Railers : (iTunes)



Count In: 16 counts after they say "1,2,3,4", dance begins on vocals. Approx 109 bpm

Notes: Special thanks to Louis St George for suggesting this track

[1 – 8] R rocking chair, R shuffle, L fwd, ¼ pivot R

1 2 3 4 Rock forward R (1), recover weight L (2), rock back R (3), recover weight L (4) 12.00
 5 & 6 Step forward R (5), step L next to R (&), step forward R (6) 12.00
 7 8 Step forward L (7), pivot ¼ turn right (weight ends R) (8) 3.00

[9 – 16] Weave – L cross, R side, L behind, R side. L cross rock, ¼ turn L shuffle

1 2 3 4 Cross L over R (1), step R to right side (2), cross L behind R (3), step R to right side (4) 3.00
 5 6 Cross rock L over R (5), recover weight R (6) 3.00
 7 & 8 Make ¼ turn left stepping forward L (7), step R next to L (&), step forward L (8) 12.00

[17 – 24] ½ turn L doing R back shuffle, ½ turn L doing L shuffle fwd, R jazz box ¼ turn R - see easy alternative counts 17-24

1 & 2 Make ¼ turn left stepping R to right side (1), step L next to R (&), make ¼ turn left stepping back R (2) 6.00
 3 & 4 Make ¼ turn left stepping L to left side (3), step R next to L (&), make ¼ turn left stepping forward L (4) 12.00
 5 6 7 8 Cross R over L (5), begin ¼ turn right stepping back L (6), finish ¼ turn right step R to right side (7), cross L over R (8) 3.00

***Easy option: 1&2 R shuffle forward, 3&4 L shuffle forward, 5678 R jazz box making a ¼ turn right**

[25 – 32] R side rock, R behind, L side, R cross, L side rock, L coaster step

1 2 Rock R to right side (1), recover weight L (2) 3.00
 3 & 4 Cross R behind L (3), step L to left side (&), cross R over L (4) 3.00
 5 6 Rock L to left side (5), recover weight R (6) 3.00
 7 & 8 Step back L (7), step R next to L (&), step forward L (8) 3.00

Ending The 11th wall is the final wall – you will begin the 11th wall facing 6.00

Dance up to count 28 (R side rock, R behind-side-cross), then make a sharp ¼ turn right stepping L to left side "Ta Da!"

START AGAIN - HAPPY DANCING

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Last Update - 29th April 2017