

Tenderness

拍数: 32 墙数: 4 级数: Beginner
编舞者: Cati Torrella (ES) - August 2012
音乐: Mama Taught Me Love - Donny Parenteau



Intro 32 beats.

[1-8]: WALK, WALK, STEP, ½ TURN, STEP

1-2 Slow □ Step RF forward
3-4 Slow □ Step LF forward
5 Quick □ Step RF forward
6 Quick □ ½ turn to left (weight on LF)
7-8 Slow □ Step RF forward

[9-16]: WALK, WALK, STEP, ¼ TURN, CROSS

1-2 Slow □ Step LF forward
3-4 Slow □ Step RF forward
5 Quick □ Step LF forward
6 Quick □ ¼ turn to right (weight on RF)
7-8 Slow □ Cross LF over RF

[17-24]: SIDE, TOGETHER, SIDE-TOGETHER-SIDE

1-2 Slow □ Step RF to right side
3-4 Slow □ Step LF together
5 Quick □ Step RF to right side
6 Quick □ Step LF together
7-8 Slow □ Step RF to right side

[25-32]: ROCK FORWARD, ROCK SIDE, COASTER STEP

1 Quick □ Rock forward on LF
2 Quick □ Recover weight on RF
3 Quick □ Rock LF to left side
4 Quick □ Recover weight on RF
5 Quick □ Step back on LF
6 Quick □ Step back on RF, together
7-8 Slow □ Step forward on LF

START AGAIN

Tag / ReStarts :

On 6th wall, do counts 1 to 16, and then start 7th wall looking at 6:00h)

On 13th wall, do 1 to 16 counts, and then :

[17-24] : SIDE, TOGETHER, SIDE-TOGETHER

1-2 Slow □ Step RF to right side
3-4 Slow □ Step LF together
5-6 Slow □ Step RF to right side
7-8 Slow □ Step LF together

Finishing with weight on LF, and start 14th wall looking at 9 :00h

Hope you enjoy this fantastic music !

