

Broken Heart

拍数: 32 墙数: 4 级数: Improver
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音乐: No Such Thing as a Broken Heart - Old Dominion : (iTunes)



Intro: 16 counts - No Tags Or Restarts

(1-8) STEP LOCK STEP,STEP LOCK STEP, MAMBO , WALK BACK BACK

1&2 step RF forward, step LF behind RF, step RF forward
3&4 step LF forward, step RF behind LF, step LF forward
5&6 rock RF forward, recover on LF, step RF next to LF
7-8 step LF back, step RF back

(9-16) SIDE ROCK CROSS, SIDE ROCK CROSS, ¾ TRIPPLE TURN R, STEP LOCK STEP

1&2 step LF out to L, step RF next to LF, cross LF over RF
3&4 step RF out to R, step LF next to RF, cross RF over LF
5&6 step in place LEFT,RIGHT,LEFT completing ¾ turn right (9 o'clock wall)
7&8 step RF forward , step LF behind RF, step RF forward

(17-24) SIDE ROCK CROSS & CROSS & CROSS, SIDE ROCK CROSS & CROSS & CROSS

1&2& step LF out to L, step RF next to LF, cross LF over RF, step RF behind LF
3&4 step LF out to R, step RF behind LF, step LF to R
5&6& step RF out to R, step LF next to RF, cross RF over LF, step LF behind RF
7&8 step RF out L, step LF behind RF, step RF out to L (9o clock wall)

(25-32) ¼ TURN ¼ TURN R, SIDE MAMBO, BACK MOMBO, FORWARD MAMBO

1-2 step LF out to L making ¼ turn R, step RF out R making ¼ turn R
3&4 rock LF out to LT, recover on RF, step LF next to R
5&6 rock RF back, recover on LF, step RF next to LF
7&8 rock LF forward, recover on RF, step LF next to RF taking weight on LF

Enjoy any questions pistoias@ymail

Last Update - 16th April 2017