

Bouncing Back

拍数: 32 墙数: 4 级数: Beginner
编舞者: Micaela Svensson Erlandsson (SWE) - April 2017
音乐: Break Me Up - Erika Selin



Intro: 32 counts.

Section 1: □ Step. Brush. Step. Brush. Rocking Chair.

1-4 Step forward on right. Brush left forward. Step forward on left. Brush right forward.
5-8 Rock forward on right. Recover onto left. Rock back on right. Recover onto left.

Section 2: □ Right Grapevine. Touch. Left Chasse. Back Rock.

1-4 Step right on right. Cross left behind right. Step right on right. Touch left beside right.
5&6 Step left to left side. Close right beside left. Step left to left side.
7-8 Rock back on right. Recover onto left.

Restart here: During Wall 4 (Facing 3 O'clock)

Section 3: □ Kick. Kick. Back Rock. Jazz Box Cross.

1-2 Kick right foot forward. Kick right foot forward.
3-4 Rock back on right. Recover onto left.
5-8 Cross right over left. Step back on left. Step right to right side. Cross left over right.

Section 4: □ Right Chasse. Back Rock. Grapevine ¼ turn left. Brush.

1&2 Step right to right side. Close left beside right. Step right to right side.
3-4 Rock back on left. Recover onto right.
5-7 Step left on left. Cross right behind left. Turn ¼ left stepping forward on left.
8 Brush right foot forward.

Restart: During Wall 4, after Section 2 (Facing 3 O'clock)
