

Grace

COPPER KNOB
STEPPERS

拍数: 40 墙数: 2 级数: Advanced
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音乐: Grace - Rag'n'Bone Man : (iTunes)



Starts on word 'Love'.. approx 2 secs
Sequence 32 with holds 40, 32 holds, 40,40,40.

S1: Step Touch Back, Sailor Step, Back Rock Side Behind 1/4, 1/4.

1&2 Step forward on Right, Touch Left next to Right, step back on Left as you sweep Right.
3&4 Cross step Right behind Left, Left to Left side, step Right to Right side.
5&6& Cross rock Left behind Right, recover Right, step Left to Left side, cross step Right behind Left.
7-8 Make 1/4 turn Left stepping forward on Left, 1/4 turn Left stepping Right to Right side. **** (6.00)

S2: Back Rock 1/4, 1/2, 1/2, 1/2 Sweep, 3/8 Circular Cross.

1&2 Cross rock Left behind Right, recover Right, make 1/4 Right stepping back on Left. (9.00)
3&4 Make 1/2 turn Right stepping forward on Right, 1/2 turn Right stepping back on Left, 1/2 turn Right stepping forward on Right (sweeping Left from back to front). □ 3.00
5&6 Cross step Left over Right, make 1/8 turn to Left stepping Right to side, step Left slightly behind Right. (Sweeping Right) (1.30)
7&8 Cross step Right behind Left, make 1/8 turn Left stepping Left to side, 1/8 turn Left stepping Right across Left. ****. (10.30)

S3: Mambo Drag, 7/8 Run, Run, Run, 1/4 Circular Weave.

1&2 Rock forward on Left, recover Right, step back on Left.
3&4 Make 1/4 turn Right stepping forward on Right, 1/4 Right stepping forward Left, 3/8 turn to Right stepping forward Right. (Sweeping Left 7.30)
5&6 Cross Left over Right, make 1/8 turn Left stepping Right to side, step Left slightly behind Right. (Sweeping Right)
7&8 Cross step Right behind Left, make 1/8 turn Left stepping Left to side, cross step Right over Left.

(3&4 will be circular shaped to Right,,,, 5&6-7&8 circular to Left) **** (6.00)

S4: Rock & Cross, 1/4 Lock Back, Back Rock 1/2, 1/2, 1/4 Sweep.

1&2 Rock Left to Left side, recover Right, cross step Left over Right.
3&4 step Right to Right side, make 1/8 Left as you cross lock Left across Right, 1/8 Left stepping back on Right. (3.00)
5&6 Rock back on Left, recover on Right , make 1/2 turn Right stepping back on Left. (9.00)
7-8 Make 1/2 turn to Right stepping forward on Right, 1/4 turn Right as you sweep Left from back to front keep weight on Right. **** (6.00)

S5: Walk Hold, Step 1/2, Step, Step 1/2, Full Turn.

1-2 Step forward on Left slightly across Right, Hold.
3-4 Step forward Right, make 1/2 pivot Left. (12.00)
5-6 Step forward Right, Step forward Left.
7-8 Make 1/2 pivot to Right, make pencil full turn Right sweeping and stepping Left next to Right. (6.00)

Walls 1&3 ****

Dance Counts 1-8 then HOLD for 4 counts

Dance Counts 9-16 then HOLD for 4 counts

Dance Counts 17-24 then HOLD for 4 counts

Dance Counts 25-32 BUT on count 32 you will need to put your weight down on your Left then HOLD for 4 counts ... Then Restart From Count 1.
