

# Grace

拍数: 40                      墙数: 2                      级数: Advanced  
编舞者: Neville Fitzgerald (UK) & Julie Harris (UK) - February 2017  
音乐: Grace - Rag'n'Bone Man : (iTunes)



Starts on word 'Love'.. approx 2 secs  
Sequence 32 with holds 40, 32 holds, 40,40,40.

## S1: Step Touch Back, Sailor Step, Back Rock Side Behind 1/4, 1/4.

1&2                      Step forward on Right, Touch Left next to Right, step back on Left as you sweep Right.  
3&4                      Cross step Right behind Left, Left to Left side, step Right to Right side.  
5&6&                      Cross rock Left behind Right, recover Right, step Left to Left side, cross step Right behind Left.  
7-8                      Make 1/4 turn Left stepping forward on Left, 1/4 turn Left stepping Right to Right side. \*\*\*\* (6.00)

## S2: Back Rock 1/4, 1/2, 1/2, 1/2 Sweep, 3/8 Circular Cross.

1&2                      Cross rock Left behind Right, recover Right, make 1/4 Right stepping back on Left. (9.00)  
3&4                      Make 1/2 turn Right stepping forward on Right, 1/2 turn Right stepping back on Left, 1/2 turn Right stepping forward on Right (sweeping Left from back to front). □3.00  
5&6                      Cross step Left over Right, make 1/8 turn to Left stepping Right to side, step Left slightly behind Right. (Sweeping Right) (1.30)  
7&8                      Cross step Right behind Left, make 1/8 turn Left stepping Left to side, 1/8 turn Left stepping Right across Left. \*\*\*\*. (10.30)

## S3: Mambo Drag, 7/8 Run,Run,Run, 1/4 Circular Weave.

1&2                      Rock forward on Left, recover Right, step back on Left.  
3&4                      Make 1/4 turn Right stepping forward on Right, 1/4 Right stepping forward Left, 3/8 turn to Right stepping forward Right. (Sweeping Left 7.30)  
5&6                      Cross Left over Right, make 1/8 turn Left stepping Right to side, step Left slightly behind Right. (Sweeping Right )  
7&8                      Cross step Right behind Left, make 1/8 turn Left stepping Left to side, cross step Right over Left.

(3&4 will be circular shaped to Right,,,, 5&6-7&8 circular to Left) \*\*\*\* (6.00)

## S4: Rock & Cross, 1/4 Lock Back, Back Rock 1/2, 1/2, 1/4 Sweep.

1&2                      Rock Left to Left side, recover Right, cross step Left over Right.  
3&4                      step Right to Right side, make 1/8 Left as you cross lock Left across Right, 1/8 Left stepping back on Right. (3.00)  
5&6                      Rock back on Left, recover on Right , make 1/2 turn Right stepping back on Left. (9.00)  
7-8                      Make 1/2 turn to Right stepping forward on Right, 1/4 turn Right as you sweep Left from back to front keep weight on Right. \*\*\*\* (6.00)

## S5: Walk Hold, Step 1/2, Step, Step 1/2, Full Turn.

1-2                      Step forward on Left slightly across Right, Hold.  
3-4                      Step forward Right, make 1/2 pivot Left. (12.00)  
5-6                      Step forward Right, Step forward Left.  
7-8                      Make 1/2 pivot to Right, make pencil full turn Right sweeping and stepping Left next to Right. (6.00)

Walls 1&3 \*\*\*\*

Dance Counts 1-8 then HOLD for 4 counts

Dance Counts 9-16 then HOLD for 4 counts

Dance Counts 17-24 then HOLD for 4 counts

Dance Counts 25-32 BUT on count 32 you will need to put your weight down on your Left then HOLD for 4 counts ... Then Restart From Count 1.

---