

Stop Stop Stop

COPPERKNOB
STEPSHEETS

拍数: 64 墙数: 4 级数: Phrased Improver
编舞者: Sally Hung (TW) - April 2017
音乐: Stop! Stop! Stop! (English version of S) - Nu Virgos



Alt. music:-

Nu Virgos - Стоп стоп стоп (Upbeat Version) /
Julin Tsai - Love love love

Sequence Of Dance: Intro Dance/AA Tag BB/A Tag BB/A Tag BB/ B4 B4
Intro: 32 Counts From Heavy Beats, Then Start To Dance The Intro Dance

Pls refer to demo for hands movements

Intro dance (32 counts)

1,2,3,4 Step R to R, step L together, step R to R, step L together
5,6,7,8 ¼ L rock R to R, recover onto L, ¼ L rock R to R, recover onto L
9-16 Repeat 1-8
17,18,19,20 Step R to R, step L together, step R to R, touch L beside R
21,22,23,24 Step L to L, step R together, step L to L, touch R beside L
25-32 Repeat 17-24

Tag (8 counts)

1,2,3,4 Step R to R, touch L together, step L to L, touch R together
5-8 Repeat 1-4

MAIN DANCE (64 COUNTS)

SECTION A (32 COUNTS)

A1. CROSS, SIDE, BEHIND, SIDE, CROSS, SIDE, SIDE, FLICK

1,2,3,4 Cross step R over L, step L to L, cross step R behind L, step L to L
5,6,7,8 Cross step R over L, step L to L, step R to R, flick L diagonally L

A2. CROSS, SIDE, BEHIND, SIDE, FWD, ½ PIVOT R, FWD SHUFFLE

1,2,3,4 Cross L over R, step R to R, cross L behind R, step R to R
5,6,7&8 Step L fwd, ½ pivot R, fwd shuffle on LRL

A3. WALK, WALK, FWD SHUFFLE, BACK, BACK, COASTER STEP

1,2,3&4 Walk fwd R-L, fwd shuffle on RLR
5,6,7&8 Walk back on L-R, step back on L, step R beside L, step L fwd

A4. SIDE, TOUCH, SIDE, TOUCH, ¾ R ROLLING VINE, TOGETHER

1,2,3,4 Step R to R, touch L together, step L to L, touch R together
5,6,7,8 Rolling vine with ¾ turn R on RLR, step L together

SECTION B (32 COUNTS)

B1. ¼ R ROCK BACK, RECOVER, ¼ L TRIPLE STEP, ¼ L ROCK BACK, RECOVER, ¼ R TRIPLE STEP

1,2,3&4 ¼ R rock back on R(LOOK BACK), recover onto L, ¼ L triple step on RLR
5,6,7&8 ¼ L rock back on L(LOOK BACK), recover onto R, ¼ R triple step on LRL

B2. SIDE, TOGETHER, FWD SHUFFLE, SIDE, TOGETHER, BACK, SHUFFLE

1,2,3&4 Step R to R, step L together, fwd shuffle on RLR
5,6,7&8 Step L to L, step R together, back shuffle on LRL

B3. SAME AS B1

B4. ¼ R MONTEREY TURN, SWAY

1,2,3,4 Touch R to R, making ¼ R stepping R beside L, touch L to L, step L beside R

5,6,7,8 Sway RLRL

HAPPY DANCING!

Contact Sally Hung: hung1125@gmail.com
