| The Boxer | , |
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拍数: 32

级数: Beginner

编舞者: Sandy Kerrigan (AUS) - April 2017

音乐: The Fighter (feat. Carrie Underwood) - Keith Urban : (iTunes)



Dance starts on lyrics - Starts - wt on L – BPM [132:0] – Track Length 2.60 –Version 1:00 There is one Restart Wall 6-details below

Step Side, Cross, Step, Diagonal Point, Side, Cross, ¼ Back, Point Side 3:00

墙数:4

- 1 2 3 4 Step R to R Side, Cross L over R, Step R to R, Point L Fwd to L45°
- 5 6 7 8 Step L to L Side, Cross R over L, Turning ¼ R-Step Back on L, Point R to R

Cross, Point, Cross Point, Cross, Point, Cross Rock, Step Side, Tap together 3:00

1 2 3 4Cross R over L, Point L to L Side, Cross L over R, Point R to R Side5 6 7 8Cross Rock R over L, Replace to L, Step R to Side, Tap L next to R(For the root of in well C Step L next to R

(For the restart in wall 6-Step L next to R-Restart facing 6:00 wall)

Step Side, Cross, Back, Side (Jazz Box) Cross Rock, Side, Tap Together 3:00

1 2 3 4 Step L to L Side, Cross R over L, Step Back on L, Step R to R Side

5 6 7 8 Cross Rock L over R, Replace to R, Step L to L, Tap R next o L

Vine R with ¼ Turn R, Tap, Vine L with ¼ Turn L, Tap Together 3:00

1 2 3 4Step R to R, Cross L Behind R, Turning ¼ R-Step Fwd R, Tap L next to R5 6 7 8Step L to L, Cross R Behind L, Turning ¼ L-Step Fwd L, Tap R next to L[32]

Note: This dance was choreographed strictly for my beginners, Carl Sullivan has an improver dance to this song called What if I fall.....check it out.... Tim Gauci has an intermediate dance called The Fighter!

I'm sure there are many others.

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