

15 In a 30

COPPER KNOB
STEP SHEETS

拍数: 32 墙数: 4 级数: Improver
编舞者: Jason Cowls - March 2017
音乐: Body Like a Back Road - Sam Hunt



Restart – Wall 5, after 16 counts (follows the ball, change)

LOCK STEP RIGHT, LOCK STEP LEFT, RIGHT ROCK STEP, BACK, ¼ LEFT SAILOR STEP,

1 & 2 Step forward R, step L behind R, step forward R
3 & 4 step forward L, Step R behind L, step forward L
5&6 Step R forward, recover weight back on L, Step back on R
7&8 Cross step L behind right making a ¼ turn to L, Step R to right side, Step L fwd (9:00)

SCISSORS STEPx2, RIGHT ROCK STEP, WALK BACK, BALL CHANGE

1&2 Rock R to right side, recover weight L, Cross R over L
3&4 Rock L to left side, recover weight R, Cross L over R
5&, 6, 7, 8& Rock R forward, recover weight back on L, Step back R, L, Step back R, recover L
(Restart here– Wall 5, after 16 counts (follows the ball change))

ROCKING CHAIR x2, WEAVE, ¼ L turn

1&2& R fwd step - recover weight on L - R back step – recover weight on L,
3&4& R fwd step - recover weight on L - R back step – recover weight on L making a ¼ turn left
5&6&7&8 Step R to R, Step L behind R, Step R to R, Step L in front of R, turn ¼ L as you Step R to R,
weight on L, Step forward on R

FULL TURN, MAMBO, RIGHT SAILOR, LEFT SAILOR

1,2 ½ turn R stepping back on L foot, ½ turn R step forward on R
3&4 Rock forward L, replace R, step L next to R
5&6 R behind L - L step slightly to L side - R side step
7&8 L behind R - R step slightly to R side - L side step

Step sheet written by Cindi Massengale - Contact: dancewithcindi@aol.com