Tender



拍数: 32 墙数: 4 级数: Low Intermediate

编舞者: Frank Heelan (IRE) - April 2017

音乐: Tender - Derek Ryan



Sec 1: Side rock, & side rock, shuffle forward, rock recover.

1-2	Rock	right to	riaht	recover	to left

& Step right next to left.

3-4 Rock left to left, recover to right.

5&6 Step left forward, right together, forward left.7-8 Rock forward right, recover left. (12.00)

Sec 2: Shuffle ½ turn, shuffle ½ turn, rock recover, walk, walk.

1&2	Turn ¼ right step right to right, left together, ¼ right step forward right.
3&4	Turn ¼ right step left to left, right together, ¼ right step back on left.

5-6 Rock back on right, recover to left.

7-8 Walk forward, right, left. (Restart wall 3 facing 6.00)

Sec 3: Cross, back, back, cross, chasse 1/4 right, pivot 1/2 right

1-2 Cross right over left, back left.

3-4 Step back right, cross left over right. (Tag and restart wall 9 facing 3.00)

Turn ¼ right step right to right, left together, right to right.

Test Step forward left pivot ½ right (Weight to right) (9.00)

Sec 4: Rock recover, coaster cross, open turn right, cross.

1-2 Rock forward left, recover to right.

3&4 Step back left, right together, cross left over right.

5-6 Turn ¼ right step forward right, turn ½ right step back on left.

7-8 Turn ¼ right step right to right, cross left over right

Restart: Wall 3 after 16 counts facing 6.00

TAG: 4 count tag: Wall 9 after 20 counts, facing 3.00 then Restart the dance.

Rock right to right, recover to left, cross right over left, step left to left,

There is no music for the four counts of the Tag just keep going in time and the beat kicks in again.

Contact: heelanjohnl@gmail.com