Body Like

级数: Intermediate

编舞者: Jean Welser (USA) - April 2017

音乐: Body Like a Back Road - Sam Hunt

#16 count intro, start on lyrics.

拍数: 64

S1: DIVA WALK & KICK

- Point (Knee In) Step Right; Point (Knee In) Step Left 1.2.3.4
- 5&6.7.8 Right Kick Ball Change, Step Left, Point Right Knee In And Out

S2: SUGAR PUSH/PUSH BREAK

- 1.2.3.4 Point Right Knee In And Out Again; Step Forward Right, Then Left
- 5&6, 7,8 Triple Step Starting Right Behind Left (R,L,R); Sweep (Ronde) Left Behind Right, Point Right Foot To Side

S3: SWEEP, SCOOTS, AND TURN

- Step Right Back To Center, Point Left To Side; Step Left, Scoot Right Foot To Left Sending 1,2,3,4 Left Foot Out Again
- 5.6.7 Repeat Step Left, Scoot Right Together Sending Left Out, Step Left
- Sailor With 1/4 Turn Left (R,L,R) (Facing 9:00 Wall) And Coaster (L,R,L) 8&1, 2&3
- Point Right Toe And Step Right, Point Left Toe And Step Left; Pivot 1/2 Turn To Left (R.L) And 4&5&.6.7.8 Step Left (Facing 3:00)

S4: BOOTY AND BOOGIE

- 1-2,3,4 Hold And Stick Booty Out (Alternate, May Do Body Roll); Step Forward Right, Step Forward Left
- Two Wizards Step Forward Right, Scoot Behind (Like A Stroll) With Left, And Step Right; 5,6&7,8& Step Forward Left, Scoot Behind With Right, And Step Left
- Take Four "Boogie" Steps Backward (R,L,R,L) With Fingers Alternating Down In Sync 1,2,3,4
- 5-6,7-8 Do Two Hip Rolls – Right To Left And Left To Right (Or, Again, May Do Body Rolls)

S5: SIDE PASS AND STEP LOCKS

- Step Forward Right, Then Left; Make Half Turn Left While Stepping With Right Foot Towards 1,2,3&4 Diagonal Left, Step Across With Left Foot, Then Stepping Right (Now Facing 9:00 Wall Again)
- Do Two Step Lock Steps Backwards (R,L,R And L,R,L) 5&6,7&8

S6: OUT OUTS AND "SWIZZLE" FINISH

- 1&2&3,4 Point Out To Side With Right, Hop Or Step Back Together Right While Stepping Out With Left, Step Back With Left; Pivot ¹/₂ Turn To Left Beginning With Right Foot (3), Left(4)
- Step Or Slide Right Foot Out To Side (Count 5) And Slide Left Foot Towards Right Foot In, 5,6&7,8 Out, And In Again Quickly (6&7); Replace Weight Onto Left (8) While Lifting Right Heel To Start Again.

Note: There Is A Restart On The 3rd Wall (Facing 6:00) After First 16 Counts (End Of Sugar Push)

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墙数:4