

Double Dutch

拍数: 64 墙数: 2 级数: Phrased Improver
编舞者: Charles & Sandra (UK) - April 2017
音乐: Tongue Tied - Earl : (iTunes)



Intro: 8 counts

Part A- 32 counts

(Section A1) 2x ½ Pivots, Heel Switches, Heel, Hook, step

1 2 Step Fwd Right, Pivot ½ Left - □6:00
3 4 Step Fwd Right, Pivot ½ Left - □12:00
5&6& Dig Right heel Fwd, Close Right next to Left, Dig Left heel Fwd, Close Left next to Right
7&8 Dig Right heel Fwd, Hook Right over Left, Step Fwd Right

(Section A2) Step, ½ Pivot, Left Lock Step, Touch, Step Back, Mash Potato x2

1 2 Step Fwd Left, Pivot ½ Right - □6:00
3&4 Step Left Fwd, Lock Right behind Left, Step Left Fwd
5 6 Touch Right Toe Fwd, Step Back on Right
&7&8& Swivel both heels out, swivel both heels in placing Left slightly behind Right, swivel both heels out, swivel both heels in placing Right slightly behind Left, Swivel both heels out (travelling backwards).

(Easier option Walk Back Left Right)

(Section A3) Coaster Step, Full Turn, step, ¼ Pivot, Cross, Side, Behind

1&2 Step Left Foot Back, Step Right Together, Step Left Fwd
3 4 Make ½ turn Left stepping back on Right, Make ½ Turn Left stepping Fwd on Left
5 6 Step Fwd Right, Pivot ¼ Left - 3:00
7&8 Cross Right over Left, Step Left to Side, Cross Right behind Left

(Section A4) Step, ½ Pivot, Run R L R, Cross, Back, Step ¼

1 2 3 Step Fwd Left, Step Fwd Right, Pivot ½ Left - 9:00
4&5 Run Fwd Right, Left, Right
6 7 8 Cross Left over Right, Step Back on Right, ¼ Left stepping Fwd on Left - 6:00

Part B- 32 counts

(Section B1) Charleston Steps (x2)

1 2 Touch Right toe Fwd, step Right foot back
3 4 Touch Left toe Back, Step Left foot Fwd
5 6 Touch Right toe Fwd, step Right foot back
7 8 Touch Left toe Back, Step Left foot Fwd

(Section B2) Cross, ¼, ¼ Rock recover, Jazz box

1 2 Cross Right over Left, Make ¼ Right stepping back on Left - □9:00
3 4 Make ¼ Right Rocking to side, Recover on Left - 12:00
5 6 Cross Right over Left, Step Left Back
7 8 Step Right to Side, Step Fwd Left

(Section B3) Charleston Steps (x2)

1 2 Touch Right toe Fwd, Step Right Back
3 4 Touch Left toe Back, Step Left foot Fwd
5 6 Touch Right toe Fwd, Step Right Back
7 8 Touch Left toe Back, Step Left Foot Fwd

(Section B4) Cross, ¼, ¼ Rock recover, Jazz box

- 1 2 Cross Right over Left, Make ¼ Right stepping back on Left □ 3:00
- 3 4 Make ¼ Right Rocking to side, Recover on Left □ 6:00
- 5 6 Cross Right over Left, Step Left Back
- 7 8 Step Right to Side, Step Fwd Left

Sequence: A - A A B - A A B - A A B

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