

To Be A Lotus

COPPERKNOB
STEPSHEETS

拍数: 64 墙数: 4 级数: Phrased Improver
编舞者: Juilin Chen (TW) & Tina Chen Sue-Huei (TW) - April 2017
音乐: To Be A Lotus (來生願做一朵蓮) - Wei Cin Yu (魏新雨)



SOD: AABBB/AABBB BB

Start Dance After 32C On Lyrics

Pls Refer To Demo For Hand Movements.

Main Dance (64C)

Part A (32C)

AI.Fwd Rock, Recover, Back Rock, Recover, ¼ R Fwd, Lock, Fwd, Hold

1-4 Rock Fwd R, Recover on L, Back Rock R, Rock Fwd L (3.00)

5-8 ¼ R Fwd Step R, Lock L behind R, Fwd Step R, Hold (8)

All. Fwd Rock, Recover, Back Rock, Recover, ¼ L Fwd, Lock, Fwd, Hold

1-4 Rock Fwd L, Recover on R, Back Rock L, Rock Fwd R (12.00)

5-8 ¼ L Fwd Step L, Lock L behind R, Fwd Step L, Hold (8)

AIII.Hitch R, Hold, Cross, Hold, Hitch L, Hold, Cross, Hold

1-4 Hitch R, Hold (2), Cross R Over L, Hold (4)

5-8 Hitch L, Hold (5), Cross L Over R, Hold (8)

AIV.Side Rock, Recover, Cross Full Turn Anticlw, Side Rock, Recover, Unwind ¼ R

1-2 Side Rock R, Recover On L

3-4 Cross R Over L, Full Turn Anticlw Ends Weight On R (12.00)

5-6 Side Rock L, Recover On R (12:00)

7-8 Cross L Over R, Unwind ¼ Clw Ends Weight On L (3.00)

Part B(32C)

BI.Side, Tog, Side, L Heel, R Heel, Hitch L

1-4 Side Step R, Tog Step L, Side Step R, Side Touch Out L Heel

5-6 Step Down L, Side Touch Out R Heel (6)

7-8 Step Down R, Hitch L (8)

BII.Side, Tog, Side, R Heel, Cross Unwind ¾ Anticlw

1-4 Side Step L, Tog Step R, Side Step L, Side Touch Out R Heel

5-8 Cross R Over L, Unwind ¾ Anticlw Ends Weight On L (3.00)

BIII.Fwd, Hold, Fwd, Hold, Back, Back, Back, Together

1-4 Fwd Step R, Hold (2), Fwd Step L, Hold (4)

5-8 Back Step On RLR, Step L beside R

BIV.Flick R, hold and open arms, Cross, Hold, Unwind Full Turn Anticlw, Flick

1-2 Flick R diagonally, hold and open arms as the demo

3-4 Cross R Over L, Hold (4) (Right hand high, Left hand low)

5-8 Unwind Full Turn Anticlw, Flick R Behind L (8) Ends Weight On L

(Lotus hands on the chest, Right hand up & Left hand down, palm connected)

Happy Dancing!

