

Unique (獨一無二) (zh)

COPPER KNOB
BY STEPHEN

拍数: 32 墙数: 4 级数: Beginner
编舞者: Nina Chen (TW) - 2017年04月
音乐: Unique - Lenka



Intro: 32 counts - No Tag ! No Restart !!

Sec 1: RUN FWD - TOGETHER - TWIST.x2

1-4 Running fwd (R L R) - Step LF beside RF (clap hands)
5-8 Twist both heels to R - Twist both heels back to the center - Twist both heels to R - Twist both heels back to the center
1-4 前小跑步 (右左右) - 左足併踏右足旁 (拍手)
5-8 雙足跟扭至右方 - 雙足跟扭回原點 - 雙足跟扭至右方 - 雙足跟扭回原點

Sec 2: RUN BACK - TOGETHER - TWIST.x2

1-4 Running back (R L R) - Step LF beside RF (clap hands)
5-8 Twist both heels to L - Twist both heels back to the center - Twist both heels to L - Twist both heels back to the center
1-4 後小跑步 (右左右) - 左足併踏右足旁 (拍手)
5-8 雙足跟扭至左方 - 雙足跟扭回原點 - 雙足跟扭至左方 - 雙足跟扭回原點

Sec 3: TOE STRUT WITH JAZZ BOX 1/2 R

1-4 Touch R toe over LF - Drop R heel to the floor - 1/4 turn R (3:00) touch L toe back - Drop L heel to the floor
5-8 1/4 turn R (6:00) touch R toe to R - Drop heel to the floor - Touch L toe over RF - Drop heel to the floor
1-4 右足尖前跨點 - 放落右足跟回地板 - 右轉1/4 (3:00) 左足尖後點 - 放落右足跟回地板
5-8 右轉1/4 (6:00) 右足尖右點 - 放落右足跟回地板 - 左足尖前跨點 - 放落左足跟回地板

Sec 4: MONTEREY 1/2 R - HEEL GRIND 1/4 TURN R - ROCK - RECOVER

1-4 Touch R toe to R - 1/2 turn R (12:00) step RF beside LF - Touch L toe to L - Step LF beside RF
5-8 Touch R heel fwd /grind 1/4 turn R (3:00) step LF to L - Rock RF back - Recover onto LF
1-4 右足尖右點 - 右轉1/2 (12:00) 右足併踏左足旁 - 左足尖左點 - 左足併踏右足旁
5-8 右足跟點於前方/向右轉動1/4 (3:00) 左足左踏 - 右足後下沉 - 重心回左足

Have Fun & Happy Dancing !!!

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