

One Smile

COPPER KNOB
STEPPERS

拍数: 64 墙数: 4 级数: Intermediate
编舞者: Susan Dodge (USA) - March 2017
音乐: One (Live) - Ray Conniff : (Album: 's Always Conniff)



Intro: 32 counts - No Tags Or Restarts

[1-8] □ Step forward, tap, step back, sweep, behind, point, cross and cross

1-2 Step R forward, tap L behind R
3-4 Step back on L, sweep R from front to back
5-6 Step R behind L, point L to left side
7&8 Cross L over R, step R to right side, cross L over R

[9-16] □ Step side, cross, step, spin $\frac{3}{4}$

1234 Step R to right side, hold, cross L over R, hold
5678 Step R to right side (5), slowly spin right $\frac{3}{4}$ turn (6,7), step L on count 8 (9:00)

[17-24] □ Step drag, rock recover, $\frac{1}{4}$, $\frac{1}{2}$, $\frac{1}{2}$, shuffle

1234 Big step to R, drag L towards R, rock L behind R, recover R in place
5-6 Turn $\frac{1}{4}$ left and step forward on L, turn $\frac{1}{2}$ left step back on R (12:00)
7&8 Turn $\frac{1}{2}$ left and step L forward, step R next to L, step L forward (6:00)

[25-32] □ Cross side behind, point, cross side, behind side cross

1-2 Cross R over L, step L to left side
3-4 Step R behind L, point L to left side
5-6 Cross L over R, step R to right
7&8 Cross L behind, step R to right side, cross L over R

[33-40] □ Monterey $\frac{1}{2}$ turn, walk walk, $\frac{1}{2}$, step

1-2 Point R to right side, turn $\frac{1}{2}$ right and step on R (12:00)
3-4 Point L to left side, step L next to R
5678 Step R forward, step L forward with $\frac{1}{2}$ pivot turn right (weight on R), Step L forward (6:00)

[41-48] □ Step kick step kick, coaster, kick

1-2 Step forward on R, kick L slightly diagonal to right
3-4 Step L in place, kick R slightly diagonal to left
5678 Step R back, step L next to R, step forward on R, kick L forward

[49-56] □ Step flip, hold, step, hold, $\frac{1}{4}$ hold, pivot $\frac{1}{2}$

1234 Step forward on L, flip R behind L, step back on R, hold
5-6 Turn $\frac{1}{4}$ left and step forward on L, hold (3:00)
7-8 Step forward on R, pivot $\frac{1}{2}$ left, weight is on L (9:00)

[57-64] □ Lock step diagonal, step, touch, point, touch, step, sweep

1-2 Step R to right diagonal, cross L behind R,
3-4 Step R to right diagonal, touch L next to right
5-6 Point L to left side, touch L next to right
7-8 Step forward on L, sweep R from back to front (on count 8, step R forward on count 1 of next wall)

Begin again

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