

No Roots

拍数: 32 墙数: 4 级数: Improver
编舞者: Christine Drescher (DE) & Udo "Homer" Drescher (DE) - March 2017
音乐: No Roots - Alice Merton



Start dance after 24 Counts - 2 Restarts (Wall 3 + Wall 8) - 1 Tag after Wall 11

[1 – 8] □ Toe Switches – Hitch – Touch – Sailor Step R/L

1&2& R Toe touch right, RF step next to LF (&), L Toe touch left, LF step next to RF (&)
3&4 R Toe touch right, RF hitch (&), R Toe touch right
5&6 RF step behind LF, LF step next to RF (&), RF step right
7&8 LF step behind RF, RF step next to LF (&), LF step left

[9 – 16] □ Dorothy Step 2x – ½ Turn – Full Turn

1 – 2& RF step diagonal forward, lock LF behind RF, RF step diagonal forward (&)
3 – 4& LF step diagonal forward, lock RF behind LF, LF step diagonal forward (&)
5 – 6 RF step forward, ½ left LF step forward (6.00)
7 & 8 ½ left RF step back (12.00), ½ Turn left LF step forward (6.00) RF step forward

Restart in wall 3 & 8: add LF forward (&) then RESTART

[17 – 24] □ Rock Step – Coaster Step – ¼ Turn Hip Roll

1 - 2 LF step forward, Recover on RF
3 & 4 LF step back, RF step next to LF (&), LF step forward
5 - 6 RF step forward and roll Hip CCW making 1/8 Turn left, taking weight on LF
7 - 8 Repeat 5 – 6 (3.00)

[25 – 32] □ Jazz Box – Shuffle R/L

1 - 2 RF cross over LF, LF step back
3 - 4 RF step right, LF step forward
5&6 RF step forward, LF step next to RF (&), RF step Forward
7&8 LF step forward, RF step next to LF (&), LF step forward

TAG (facing 3.00):

[1 -4] □ Stomp – Hip Bumps

1 RF stomp to right side
2&3&4 Hip Bumb L-R-L-R-L, shifting weight to LF

Have FUN!!!

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