

Thank You For The Music

COPPER KNOB
STEPPERS

拍数: 56 墙数: 2 级数: Improver
编舞者: Molly Yeoh (MY) - March 2017
音乐: Thank You for the Music - ABBA



Just start off the dance from the song "... ..SO I SAY THANK YOU FOR THE MUSIC..."

S1: FORWARD WALK, SHUFFLE, LEFT MAMBO AND RIGHT MUMBO (OPTION: LEFT SAMBA , RIGHT SAMBA) ..MAKING IT MORE INTERESTING

1-2,3&4 Right fwd, Left fwd, R fwd cha cha
5&6, 7&8 L rock recover, R rock recover

S2: FORWARD MAMBO, BACK MAMBO, PIVOT ½ TURN, SHUFFLE

1&2, 3&4 R fwd rock recover, L rock recover
5-6, 7&8 R pivot ½ turn, R fwd shuffle (6 o'clock)

S3: L PIVOT TURN, SHUFFLE Left FWD, VINESWEEP

1-2-3&4 Step left pivot turn, shuffle L fwd (face 12 o'clock)
5-6-7-8 R cross step over L, L step to L, R step behind L, L sweep to the back @ 8

S4: ¼ RIGHT TURN, SHUFFLE, KICK BALL TOUCH TO RIGHT & LEFT

1-2-3&4 Left step down behind R @ 1, ¼ R turn R step fwd ,L shuffle fwd((9 o'clock)
5&6,7&8 R kick fwd @5, Recover,@&, L point to L side,L @6, L kick fwd@7. recover, R point to R

* WALL 4, RESTART AFTER S4!

S5: RIGHT CROSS SHUFFLE. ½ TURN LEFT & R CROSS SHUFFLE, STEP TOUCH

1&2, 3&4 R cross shuffle(body face 3 o'clock),L cross shuffle,(body face 9 o'clock)
5&6-7-8 R cross shuffle(body face 3 o'clock), L step beside R @7, R touch R@8

S6: ¼ RIGHT STEP, FULL TURN, SHUFFLE FORWARD, LEFT FORWARD ROCK, SHUFFLE BACK

1-2, 3&4 R step down ¼ turn(face 6 o'clock), L fwd ½ turn (face 12 o'clock), R ½ turn shuffle fwd (6 o'clock)
5-6-7&8 L rock fwd recover,L back shuffle

S7: R ROCK BACK RECOVER, R SHUFFLE AND L SHUFFLE

1-2, -3&4 R rock back recover, R shuffle to R
5-6, 7&8 L rock back recover, L shuffle to L

End of wall 2, (Tag) Repeat Section 7 only

Wall 4, 32 counts only, Restart: Start Wall 5 at 6 o'clock

Thank you very much! Contact me at suanyeh@hotmail.com