

Julian

拍数: 48 墙数: 1 级数: Phrased Intermediate
编舞者: Meeting Point (ES) - March 2017
音乐: 'Legs' by Julian Austin



Step Sheet by Xavi Barrera - Counts: A: 32, B: 16, Tag 1: 16, Tag 2: 8

Sequence: A-A-B-Tag 1 – A-A-B-Tag 2 – A-A-Stomp-Tag 2 – A-A-B-Tag1 – A-(Final)

PART A: 32 counts

A: JUMP, ½ TURN STEP x 2, ROCK STEP, ½ TURN STEP x 2, COASTER STEP

- 1- Jump both feet forward (feet wide opened)
- 2- Step right back, turning ½ turn to the right at the same time
- 3- Step right back, turning ½ turn to the right at the same time
- 4- Rock left forward
- &- Recover your weight on to the right
- 5- Step left back, turning ½ turn to the left
- 6- Step right forward, turning ½ turn to the left
- 7- Step left back
- &- Step right beside the left
- 8- Step left forward

A: STEP & CROSS, TRIPLE STEP, ½ TURN PIVOT, ½ TURN STEP, TRIPLE STEP

- 9- Step right diagonally right forward
- &- Cross left behind the right
- 10- Step right diagonally right forward
- 11- Step left diagonally left forward
- &- Step right at the left of the left foot (lock)
- 12- Step left diagonally left forward
- 13- Touch right forward
- &- Pivot ½ turn to the left on to the left foot
- 14- Step right forward, turning ½ turn to the left at the same time
- 15- Step left back
- &- Step right beside the left
- 16- Step left back

A: JUMP AND TOE, ¼ TURN STRUT, ½ TURN STEP, ¼ TURN STEP, MAMBO, KICK BALL CROSS

- 17- Jump right to the right and raise your left heel to the left at the same time
- 18- Lower your left heel and turn ¼ turn to the left at the same time
- 19- Step right forward, tuning ½ turn to the left at the same time
- 20- Step left back, turning ¼ turn to the left at the same time
- 21- Rock right to the right
- &- Recover your weight on to the left
- 22- Step right beside the left
- 23- Kick left forward
- &- Step left back
- 24- Cross right over the left

A: SCISSOR STEP, STEP, ½ TURN STEP x 2, STOMP x 2, HOLD

- 25- Rock left to the left
- &- Step right short to the left
- 26- Cross left over the right

- 27- Step right forward
- 28- Step left forward, turning $\frac{1}{2}$ turn to the right at the same time
- 29- Step right back, turning $\frac{1}{2}$ turn to the right at the same time
- 30- Stomp left beside the right
- 31- Stomp right beside the left
- 32- Hold

PART B: 16 counts

B: STEP, CROSS, STEP & HEEL, STEP & CROSS, $\frac{1}{2}$ TURN STEP x 2, STOMP x 2

- 1- Step right to the right
- 2- Cross left behind the right
- &- Step right short to the right
- 3- Touch left heel diagonally left forward
- &- Step left beside the right
- 4- Cross right over the left
- 5- Step left to the left, turning $\frac{1}{4}$ turn to the right at the same time
- 6- Step right back, turning $\frac{1}{2}$ turn to the right at the same time
- 7- Stomp left forward, turning $\frac{1}{4}$ turn to the right at the same time
- 8- Stomp right beside the left

B: $\frac{1}{4}$ TURN SHUFFLE, $\frac{1}{2}$ TURN PIVOT, STEP, $\frac{1}{2}$ TURN STEP, $\frac{1}{4}$ TURN STEP, STOMP

- 9- Step left to the left, turning $\frac{1}{4}$ turn to the left at the same time
- &- Step right short behind the left
- 10- Step left forward
- 11- Touch right forward
- &- Pivot $\frac{1}{2}$ turn to the left on to the left
- 12- Step right forward
- 13- Step left forward, turning $\frac{1}{2}$ turn to the right at the same time
- 14- Step right back, turning $\frac{1}{4}$ turn to the right at the same time
- 15- Stomp left beside the right
- 16- Stomp right beside the left

TAG 1: -

HOLD x 4, $\frac{1}{2}$ TURN PIVOT x 2

- 1- Hold
- 2- Hold
- 3- Hold
- 4- Hold
- 5- Touch right forward
- 6- Pivot $\frac{1}{2}$ turn to the left on to the left
- 7- Touch right forward
- 8- Pivot $\frac{1}{2}$ turn to the left on to the left

GRAPEVINE, 1 TURN GRAPEVINE

- 9- Step right to the right
- 10- Cross left behind the right
- 11- Step right to the right
- 12- Touch left toe beside the right
- 13- Lower left heel, turning $\frac{1}{4}$ turn to the left at the same time
- 14- Step right forward, turning $\frac{1}{2}$ turn to the left at the same time
- 15- Step left back, turning $\frac{1}{4}$ turn to the left at the same time
- 16- Stomp right beside the left

TAG 2: HOLD x 4, $\frac{1}{2}$ TURN PIVOT x 2

- 1- Hold
- 2- Hold
- 3- Hold
- 4- Hold
- 5- Touch right forward
- 6- Pivot ½ turn to the left on to the left
- 7- Touch right forward
- 8- Pivot ½ turn to the left on to the left

ENDING:-

JUMP, ½ TURN STEP x 2, ROCK STEP, ½ TURN STEP x 2, COASTER STEP

- 1- Jump both feet forward (feet wide opened)
- 2- Step right back, turning ½ turn to the right at the same time
- 3- Step right back, turning ½ turn to the right at the same time
- 4- Rock left forward
- &- Recover your weight on to the right
- 5- Step left back, turning ½ turn to the left
- 6- Step right forward, turning ½ turn to the left
- 7- Step left back
- &- Step right beside the left
- 8- Step left forward

STOMP, HOLD, ROCK, 1 TURN, STOMP, HOLD, STOMP

- 9- Stomp right beside the left
- 10- Hold
- 11- Rock left to the left
- 12- Step left forward, turning 1 turn to the left at the same time
- 13- Stomp right beside the left
- 14- Hold
- 15- Hold
- 16- Hold
- 17- Hold
- 18- Stomp left beside the right

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