

La Luna

COPPERKNOB
BY STEPHENETS

拍数: 32 墙数: 4 级数: Improver
编舞者: Nina Chen (TW) - April 2017
音乐: La Luna (Original Version) (feat Joan Kolova) - Contras



Intro: 32 counts

INTRO DANCE: 32 COUNTS

Sec i1: FWD MAMBO - BACK MAMBO - (R & L) SIDE MAMBO

1&2, 3&4 Rock RF fwd - Recover onto LF - Step RF beside LF - Rock LF back - Recover onto RF - Step LF beside RF

5&6, 7&8 Rock RF to R - Recover onto LF - Step RF beside LF - Rock LF to L - Recover onto RF - Step LF beside RF

Sec i2: FWD PIVOT 1/8 TURN L. x4

1-4 Step RF fwd - Pivot 1/8 turn L (10:30) - Step RF fwd - Pivot 1/8 turn L (9:00)

5-8 Step RF fwd - Pivot 1/8 turn L (7:30) - Step RF fwd - Pivot 1/8 turn L (6:00)

Sec i3: FWD MAMBO - BACK MAMBO - (R & L) SIDE MAMBO

1&2, 3&4 Rock RF fwd - Recover onto LF - Step RF beside LF - Rock LF back - Recover onto RF - Step LF beside RF

5&6, 7&8 Rock RF to R - Recover onto LF - Step RF beside LF - Rock LF to L - Recover onto RF - Step LF beside RF

Sec i4: FWD PIVOT 1/8 TURN L. x4

1-4 Step RF fwd - Pivot 1/8 turn L (5:30) - Step RF fwd - Pivot 1/8 turn L (3:00)

5-8 Step RF fwd - Pivot 1/8 turn L (1:30) - Step RF fwd - Pivot 1/8 turn L (12:00)

MAIN DANCE: 32 COUNTS

Sec 1: SIDE - TOGETHER - FWD SHUFFLE - FWD - TOUCH - BACK SHUFFLE

12,3&4 Step RF to R - Step LF beside RF - Fwd shuffle (R L R)

56,7&8 Step LF fwd - Touch RF behind LF - Back shuffle (R L R)

Sec 2: 1/4 L SIDE - POINT R - SIDE - BRUSH - JAZZBOX 1/4 L

1-4 1/4 turn L (9:00) step LF to L - Point R toes to R diagonal - Step RF to R - Brush LF fwd

5-8 Cross LF over RF - Step RF back - 1/4 turn L (6:00) step LF to L - Touch RF beside LF

Sec 3: FWD MAMBO - BACK MAMBO - (R & L) SIDE MAMBO

1&2, 3&4 Rock RF fwd - Recover onto LF - Step RF beside LF - Rock LF back - Recover onto RF - Step LF beside RF

5&6, 7&8 Rock RF to R - Recover onto LF - Step RF beside LF - Rock LF to L - Recover onto RF - Step LF beside RF

Sec 4: ROCK - RECOVER - FWD SHUFFLE 1/2 R - FWD - RECOVER - SAILOR 1/4 TURN L

1 2,3&4 Rock RF fwd - Recover onto LF - Fwd shuffle (R L R) 1/2 turn R (12:00)

5 6,7&8 Step LF fwd - Recover onto RF - 1/4 turn L (9:00) step LF behind RF - Step RF to R - Step LF fwd

Tag 1: After Intro dance (12:00), Wall5 (9:00)

ROCKING CHAIR

1-4 Rock RF fwd - Recover onto LF - Rock RF back - Recover onto LF

Tag 2: After Wall6 (6:00)

FWD - HOLD (CLAP) - 1/2 TURN L FWD - HOLD (CLAP)

1-4 Step RF fwd - Hold and clap hands twice - 1/2 turn L (12:00) Step RF fwd - Hold and clap hands

Have Fun & Happy Dancing !!!

Contact Nina Chen: nina.teach.dance@gmail.com
