

Things

拍数: 32 墙数: 4 级数: Beginner
编舞者: Gary Lafferty (UK) - March 2017
音乐: Things I Carry Around - Troy Cassar-Daley



(16-count intro)

RIGHT RUMBA BOX FORWARD

1-2 Step to Right on Right foot, step on Left foot beside Right
3-4 Step forward on Right foot, hold
5-6 Step to Left on Left foot, step on Right foot beside Left
7-8 Step back on Left foot, hold

WALK BACKWARDS, LEFT MAMBO BACK

1-2 Step back on Right foot, step back on Left foot
3-4 Step back on Right foot, hold
5-6 Rock back on Left foot, recover weight onto Right foot
7-8 Step forward on Left foot, hold

SWEEP, STEP, SWEEP, STEP; RIGHT ROCKING CHAIR

1-2 Sweep Right foot from back to front, step down onto Right foot
3-4 Sweep Left foot from back to front, step down onto Left foot
5-6 Rock forward on Right foot, recover weight back onto Left foot
7-8 Rock back on Right foot, recover weight onto Left foot

STEP FORWARD, ¼ PIVOT, CROSS, HOLD; ¼ TURN, ¼ TURN, CROSS, HOLD

1-2 Step forward on Right foot, pivot ¼ turn to Left
3-4 Cross-step Right foot over Left, hold
5-6 Turn ¼ Right stepping back onto Left foot, turn ¼ Right stepping to Right side on Right foot
7-8 Cross-step Left foot over Right, hold

START AGAIN – No tags, no restarts
