Down Memory Lane

级数: High Beginner

编舞者: Kimmy Tsen (MY) - March 2017

音乐: Down Memory Lane by Isla Grant and Daniel O' Donnel

This dance is especially dedicated to the memory of my dearest friend Edith Gomes Sen. Look down from Heaven and know that we are dancing for you.

SEC 1: TOE SRUTS, SCISSOR CROSS X 2

1 & 2 & R toe strut, L toe strut

拍数: 32

- 3 & 4 Step R to R, L next to R, Cross R over L
- 5 & 6 & L toe strut, R toe strut
- 7 & 8 Step L to L, R next to L, Cross L over R

SEC 2: DFORWARD SHUFFLE, KICK BALL CHANGE, JAZZ BOX 1/4 TURN

- 1 & 2 R forward shuffle RLR
- 3 & 4 L forward shuffle LRL
- 5 & 6 Kick R, step down on ball of R, step down on L
- 7 & 8 R over L, step back on L making ¼ turn R, step R to R

SEC 3: STEP OUT OUT IN IN, HEEL BOUNCE, SAILOR 1/2 TURN LEFT

- 1 2 Step L to the front and out, Step R to the front and out
- 3 4 Step L back to the center, step R back to the center
- 5 & 6 Bounce heel 3 times
- 7 & 8 Sweep L around R making a ¹/₂ turn L stepping behind R, step R to R, step down
- (During walls 3, 6 & 7 do an extra 2 counts here (sway right, sway left), then continue with section 4)

SEC 4: SWIVEL R, SWIVEL L, HEEL, FWD, ¼ PIVOT TURN

- 1 & 2 Swivel both heels to R (1), both toes to R (&), both heels to R(2)
- 3 & 4 Swivel both heels to L (3), both toes to L (&), both heels to L (4)
- 5 & 6 & Tap R heel R diagonally, R next to L, Tap L heel L diagonally, L next to R
- 7 8 Step forward on R, 1/4 turn L recover on L.

(At the end of walls 3, 6 & 7 do the extra 2 counts here again (sway right, sway left)

Tag: End of Wall 3 (18 counts) facing 6 AFTER the 2 extra counts

Sec 1: CR ROCKING CHAIR, L ROCKING CHAIR, STEP FWD, PIVOT 1/2 TURN

- 1&2&3&4 Rock forward on R, rec on L, rock back on R, rec on L, rock forward on R, rec on L, Step R next to L
- 5&6&7&8 Rock back on L, rec on R, rock forward on L, rec on R, rock back on L, rec on R, step L slightly forward

SEC 2 1/4 TURN FORWARD SHUFFLE, 1/2 PIVOT TURN, FORWARD SHUFFLE, 1/4 TURN, STOMP x 2

- 1 & 2 ¹/₄ turn R, forward shuffle RLR
- 3, 4 Step forward on L pivot ½ turn R, step forward on R
- 5 & 6 Forward shuffle LRL
- 7, 8 Step forward on R, ¼ turn L recover on L (12)
- 9, 10 Keeping weight on L, stomp R twice

Happy dancing!

Contact : kimmytsen@gmail.com





墙数:2