

# Adela Hey Ho

COPPERKNOB  
BY STEPHEN

拍数: 32      墙数: 4      级数: Beginner  
编舞者: Rafel Corbí (ES) - March 2017  
音乐: Hey Ho Away We Go - Dave Sheriff & The Britpickers



**\*TAG at the end of wall 7 (looking 3:00)**

**#16 counts intro**

**ROCK FORWARD, RECOVER, COASTER STEP, ROCK FORWARD, RECOVER, SHUFFLE 1/4 TURN LEFT**

1-2            Rock Forward with Right, recover onto Left  
3&4           Step back with Right, Left beside Right, step Right forward  
5&6           Rock forward with Left, recover back onto Right  
7&8           Turn 1/4 left and step Left to side, Right beside Left, step Left to side 9:00

**CROSS, SIDE, SAILOR STEP, CROSS, BEHIND, SIDE, CROSS**

9-10           Cross Right over Left, step Left to side  
11&12        Step Right behind Left, step Left in place, step Right to right side  
13-14        Cross Left over Right, step Right to side  
15&16        Step Left behind Right, step Right to right side, cross Left over Right

**RIGHT HEEL GRIND TURN RIGHT, COASTER STEP, LEFT HEEL GRIND TURN LEFT, COASTER STEP**

17-18        Step with Right heel forward, turn 1/4 right and step Left back 12:00  
19&20        Step back with Right, Left beside Right, step Right forward  
21-22        Step forward with Left heel, turn 1/4 left and step Right back 9:00  
23&24        Step back with Left, step Right beside Left, step forward with Left

**SYNCOATED ROCKS SIDE AND FORWARD, STEP FORWARD, SCUFF**

25-26        Rock Right to side, return weight to Left  
&27-28       Step Right beside Left, rock Left to left side, return weight to Right  
&29-30       Step Left beside Right, rock Right forward, return weight back to Left  
&31-32       Step Right beside Left, step Left forward, scuff Right forward and beside Left

**Start again**

**\*TAG: After 7th wall, looking 3:00**

1-2            Stomp Right to side, hold  
3-4            Stomp Left to side, hold  
5-6            Clap hands twice and start again

**End: Wall 9. Change the last 2 counts &31-32 turning 1/4 right**

31            1/4 turn right and stomp Right to right side 12:00  
32            Stomp Left beside Right