

# As I Lay Me Down

COPPERKNOB  
BYEPOSTETS

拍数: 32      墙数: 4      级数: Improver  
编舞者: Susanne Lindberg (SWE) - March 2017  
音乐: As I Lay Me Down - Wiktoria



**Starts on vocals - \*1 Restart after S2 on wall 3**

## **S1 : R SHUFFLE, ROCK BACK, L SHUFFLE, ROCK BACK**

1&2      Step right to right side, Slide left beside right, Step right to right side  
3-4      Rock back on left, Recover on right  
5&6      Step left to left side, Slide right beside left, Step left to left side  
7-8      Rock back on right, Recover on left

## **S2 : ½ PIVOT, CROSS SHUFFLE, SIDE ROCK , BEHIND SIDE CROSS**

1-2      Step forward on right, Turn ½ left  
3&4      Cross right over left, Slide left next to right , Step right to left side. ( Keeping legs crossed)  
5-6      Rock left to left side, Recover on right  
7&8      Cross left behind right, Step right to right side, Cross left over right

**\*RESTART ON WALL 3**

## **S3 : R SHUFFLE, COASTER STEP ¼ TURN L, PIVOT X2**

1&2      Step right to right side, Slide left beside right, Step right to right side  
3&4      Step back on left making ¼ turn L, step right next to left, step forward on left  
5-6      Step forward on right, Turn ½ left  
7-8      Step forward on right, Turn ½ left

## **S4 : JAZZBOX, HEEL , HOCK , HEEL, SLAP**

1-2      Cross right over left, Step back in left  
3-4      Step right to right side, Step left beside right  
5-6      Touch right heel forward, Hook right over left  
7-8      Touch right heel forward, Flick right back and slap your foot

**Contact: [susanne@sofieholm.se](mailto:susanne@sofieholm.se)**