

Now And Forever (aka Between Now and Forever)

COPPER KNOB
STEPSHEETS

拍数: 42 墙数: 4 级数: Intermediate waltz
编舞者: Pat Stott (UK) - March 2017
音乐: Between Now and Forever - Bryan White



Commence on vocals after 24 counts (approx 14 seconds) facing left diagonal

S1: Turning Basic waltz forward and back

- 1-3. Step forward on left to left diagonal (11 o'clock) step right next to left, step left in place
- 4-6. Step back on right, step left next to right, step right in place
- 7-9. Step forward on left turning 1/8th left, step right next to left, left in place
- 10-12. Step back on right, step left to right, step right in place (9 o'clock)

S2: Step forward on left, 1/4 left and point right to right, hold, turn 1/4 right stepping forward on right, sweep left round turning a further 1/4 right and point left to left, hold, weave, sweep, behind, 1/4 turn left, step forward on right

- 1-3. Step forward on left, turn 1/4 left and point right to right, hold (6 o'clock)
- 4-6. Turn 1/4 right forward on right, turning a further 1/4 right on right foot sweep left round and point left to left, hold (12 o'clock)
- 7-9& Cross left over right, right to right, left behind right, sweep right foot round from front to back (&)
- 10-12. Cross right behind left, turn 1/4 left stepping forward on left, forward on right (9 o'clock)

S3: Press Forward, recover, 1/2 turn left, press forward, recover, 1/2 turn right, slow turn, run back

- 1-3. Press forward on left, recover back on right (preparing for turn), 1/2 turn left stepping forward on left (3 o'clock)
- 4-6. Press forward on right, recover on left (preparing for turn), turn 1/2 right stepping forward on right (9 o'clock)
- 7-9. Step forward on left, slowly turning 1/2 right over 2 beats (weight finishes on right)
- 10-12. Continue turning a further 1/2 right stepping back on left, back on right, back on left (9 o'clock)

S4: Step back slowly turning 1/4 right, let body turn to look over right shoulder, turn 1/4 left stepping forward on left, sweep right foot round from back to front, step right across left

- 1-3. Step back on right, slowly turning 1/4 right, hold that position (left toe will be pointing to left and let body turn a little further to look over right shoulder)
- 4-6. Turning 1/4 left recovering forward onto left, sweep right foot round from back to front, cross right over left and step on right towards diagonal (7 o'clock)

Tag 1: end of walls 2 & 4 - step change and cross, back, side

Step change at the end of the sequence - on step 5 just point right to right and hold
do NOT step on right foot on beat "6" then add the following tag:

- 1-3. Cross right over left, back on left, right to right turning towards diagonal to start again

Tag 2: end of wall 3 - step change and 3 twinkles, forward and back basic turning gradually 1/4 left

Step change at the end of the sequence as above - on step 6 just point right to right and do NOT step on right foot on beat "6" then add the following tag:

- 1-3. Cross right over left, left to left, right in place
- 4-6. Cross left over right, right to right, left in place
- 7-9. Cross right over left, left to left, right in place
- 10-12. Turn 1/8th left stepping forward on left, right next to left, left in place (1 o'clock)

13-15. Turn 1/8th left stepping back on right, left next to right, right in place (12 o'clock) then turn 1/8th to left diagonal as you start the dance again

Walls 1, 5 & 6 dance main dance as per wall 1 with the cross right over left on "6"

Walls 2,3&4 will have the point and the tags.

Do not be put off with the Tags as they work well with the music

Easiest way to remember if it has a Tag dance finishes with a point, if it hasn't a Tag it finishes with a step across.

Ending: The music will end on the runs back (slow them down to fit the music), then take a large step back and drag the left towards the right and Hold
