

Whistle While You Work It

COPPER KNOB
BY STEPHEN

拍数: 64 墙数: 4 级数: Intermediate
编舞者: Jo Kinser (UK), John Kinser (UK), Ruben Luna (USA), Sobrielo Philip Gene (SG)
& Rebecca Lee (MY) - March 2017
音乐: Whistle (While You Work It) - Katy Tiz



Dance Turns 1/4 R. BPM: 162

Start on the Vocals, 32 counts in (0.12)□□

[1-8]□R Heel Bounce X3, Kick, Behind Side Cross, Point L

1,2,3,4 Tap your R Heel X3 in place, Kick your R foot (low) to the right diagonal
5,6 Step R behind L, Step L to left
7,8 Cross R in front of L, Point L to Left

[9-16]□1/4 Turn Monterey, Jazz Box 1/4 Turn

1,2 1/4 turn Left bring L next to R, Point R to Right (9:00)
3,4 Bring R next to L, Point L to Left
5,6 Cross L in front of R, Step R back
7,8 1/4 Left Stepping L in place, Step R Fwd (6:00)

[17-24]□Twist Heels R X2, R & L Toe Struts Back

1,2,3,4 Twist both Heels to the R, Twist Heels back to Centre X2
5,6,7,8 Touch R Toe Back, Step slight back R, Touch L Toe Back, Step slight back L

[25-32]□Coaster Step - Hitch, Step Fwd - Side, Twist Heels R

1,2,3,4 Step R back, Step L next to R, Step R fwd, Hitch L next to R ankle
5,6 Step L fwd, Step R to right
7,8 Twist both Heels to the Right, Twist Heels back to Centre

[33-40]□Fwd - Touch, 1/2 Turn - Touch, Fwd - Touch, 1/4 Turn - Touch

1,2 Step R Fwd, Touch L next to R while Snapping Right fingers
3,4 Make 1/2 Turn Left Stepping L Fwd, Touch R next to L while Snapping Right fingers (12:00)
5,6 Step R Fwd, Touch L next to R while Snapping Right fingers
7,8 1/4 Turn Left Stepping L to Left, Touch R next to L (9:00)

[41-48]□Step Lock Step X2, Sharp 1/2 Turn L

1,2,3,4,5,6 Step R Fwd, Lock L behind Right, Step R Fwd, Step L Fwd, Lock R behind Left, Step L Fwd
7,8 Step R fwd, Quickly Pivot 1/2 Turn L (3:00)

[49-56]□Bump Hips Fwd Back X2, Step Lock Step, Scuff

1,2,3,4 Bumps Hips Fwd, Back, Fwd, Back
5,6,7,8 Step L Fwd, Lock R behind L, Step L Fwd, Scuff R Fwd

[57-64]□V Step, Thigh Slaps X2, Clap, Flick - Touch

1,2,3,4 Step R Heel Right diagonal, Step L Heel Left diagonal, Step R back to Centre, Step L next to Right
5,6 With both Hands Slaps your Thigh X2
7,8 Clap your Hands together, Flick your R foot Back and Touch it with Left Hand

[3ConCrew]

jo@jkdancin.com / www.jkdancin.com - rsluna2@aol.com / www.n2linedance.com
sphilipg@hotmail.com / www.sphilip.webs.com - rebecca_jazz@yahoo.com

