

Side To Side

拍数: 64 墙数: 2 级数: Improver
编舞者: Melvin Tan (MY) - January 2017
音乐: Side To Side (feat. Nicki Minaj) - Ariana Grande



Dance Starts after 32 counts

Section 1: □Step R Heel In place 2x, Step L Heel In Place, Hold

1 2 Step right heel in place twice (weight on right)
3 4 Step left heel in place once (shift weight on LF), hold.
5 6 Step right heel in place twice (shift weight on RF)
7 8 Step left heel in place once (shift weight on LF), hold.

Section 2: □Step Right, Twist, Step Left, Twist

1 2 3 4 Step RF to R, Step LF together, twist both heels/hip to right and centre.
5 6 7 8 Step LF to L, Step RF together, twist both heels/hip to left and centre

Section 3: □Step RF to R, Hip Roll, Body Movement

1 2 3 4 Step RF to R (1), Hip Roll slowly ½ circle from left to right anti-clock wise (2,3,4)
5 6 7 8 Bend body down diagonally (facing 11:00) (5), Roll body up slowly (6,7,8)

Section 4: □Paddle 4x ¼ Left Turn

1 2 3 4 Step RF Forward, 1/4L turn (9:00), Step RF Forward 1/4L Turn (6:00)
5 6 7 8 Step RF Forward, 1/8L Turn (4:30), Step RF forward 1/8L Turn (3:00)

Section 5: □Vine Right, Rolling Vine Left

1 2 3 4 Step RF to Right, Step LF behind RF, Step RF to Right, Kick LF to L (3:00)
5 6 1/4L Turn Step LF forward (12:00), 1/2L Turn Step RF back (6:00)
7 8 1/4L Turn Step LF to L, Touch RF to R (3:00)

Section 6: □Step Forward, 1/4L Turn, Cross, Hold, Step, ½R Turn, Cross, Hold

1 2 3 4 Step RF Forward, 1/4L Turn, Cross RF Over LF, Hold (12:00)
5 6 7 8 Step LF to L, 1/2R Turn, Cross LF Over RF, Hold (6:00)

Section 7: □Hip Bump to Right & Left

1 2 3 4 Step RF to R at the same time hip bump to R,L R, Hold
5 6 7 8 Hip bump to L,R,L, Hold (6:00)

Section 8: □Prissy Walk Forward, Cross Over, Full Turn

1 2 3 4 Step RF Forward, Hold, Step LF Forward, Hold
5 6 7 8 Cross RF Over LF (5), Full Turn L Slowly (6,7,8)(6:00)

Tag at Wall 8 (facing 6:00): Hold 4 Counts (1 2 3 4)

ENJOY!

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