

Today

拍数: 32 墙数: 2 级数: Improver
编舞者: Rarayanti Marwan (INA) - March 2017
音乐: Hoy - Gloria Estefan



Dance starts after intro 16 counts..Start with your RIGHT foot...

[1 - 8] SIDE, TOGETHER, SIDE, TOGETHER, ¼ R TURN, ROCK, RECOVER, LRL BACK LOCK STEPS

1 2 Side R on R, Step L together R
3 & 4 Side R on R, Step L together R, ¼ R turn forward on R (03.00)
5 6 Cross Rock L over R, Recover on R
7 & 8 Step back on L, step R backward cross over L, step back on L

[9 - 16] □BACK, RECOVER ¼ L TURN PADDLE, 1/8 L TURN, LOCK, RLR FORWARD LOCK STEPS

1 2 Rock back on R, Recover on L
3 4 ¼ L turn side on R while swaying R hips to right, recover on L while swaying L hips to left (12.00)
5 6 1/8 L Turn step forward on R, step L forward lock back behind R (10.30)
7 & 8 Step forward on R, step L forward lock back behind R, step R forward on R

[17 - 24] FWD, PIVOT ½ R TURN, ½ R TURN BACK LOCK STEPS, BACK, RECOVER, 1/8 L TURN CHASSE

1 2 Step forward on L, ½ R Turn recover on R (04.30)
3 & 4 ½ R Turn step back on L, step R backward cross over L, step back on L (10.30)
5 6 Step back on R, recover on L
7 & 8 1/8 L Turn side on R, Step L closed to R, Side R on R (09.00)

[25 - 32] RL CUMBIA, L FWD MAMBO, R BWD MAMBO, REC.

1 & 2 Rock L behind R, Recover on R, Side L on L
3 & 4 Rock R behind L, Recover on L, Side R on R
5 & 6 Step forward on L, Recover on R, Step backward on L
7 & 8 & Step backward on R, Recover on L, Step forward on R, Recover on L

There are 4 easy TAGS in this dance,

*After wall 3, there is Tag 1

[1 2 3 4] = RLRL Sways

*After wall 4, there is Tag 2

[1 2 3 4 5 6 7 8] □□ = [R Rumba Box]

[9 10 11 12 13 14 15 16] □ = [R Bwd Mambo, Hold, L Fwd Mambo, Hold]

*After wall 6, there is Tag 3, which equals to Tag1 □

[1 2 3 4] = RLRL Sways

*After wall 8, there is Tag 4 (last), as the ending of the dance which equals to 2x (Tag 2)

[1 2 3 4 5 6 7 8] □□ = [R Rumba Box]

[9 10 11 12 13 14 15 16] □ = [R Bwd Mambo, Hold, L Fwd Mambo, Hold]

Enjoy the dance....!

Contact ; rarayanti@yahoo.com / rrvigianti@gmail.com