

Funk You Up

COPPER KNOB
BY STEPHEN

拍数: 32 墙数: 2 级数: Easy Intermediate
编舞者: Roosamekto Mamek (INA) - March 2017
音乐: Funk You Up - Look Twice



Intro: 8 counts

S1: KICK BALL CROSS, TWIST (R & L)

1&2 Kick R forward – Step R beside L – Cross L over R
3&4 Step R beside L and twist both heel to right – Twist both heel to left – Twist both heel to right
5&6 Kick L forward – Step L beside R – Cross R over L
7&8 Step L beside R and twist both heel to left – Twist both heel to right – Twist both heel to left

S2: SAILOR STEPS, HIPS BUMPS

1&2 Cross R behind L – Rock L slightly to side – Step R to side
3&4 Cross L behind R – Rock R slightly to side – Step L to side
5&6 Bump hips to right – Bump hips to left – Bump hips to right
7&8 Bump hips to left – Bump hips to right – Bump hips to right

S3: SIDE CHASSE, SIDE CHASSE TURN 1/4 LEFT (3X)

1&2 Step R to side – Step L together – Step R to side
3&4 Turn ¼ left step L to side – Step R together – Step L to side
5&6 Turn ¼ left step R to side – Step L together – Step R to side
7&8 Turn ¼ left step L to side – Step R together – Step L to side

S4: CROSS ROCK (R & L), JAZZ BOX TURN 1/4 RIGHT

1&2 Cross/Rock R over L – Recover on L – Step R to side
3&4 Cross/Rock L over R – Recover on R – Step L to side
5-8 Cross R over L – Turn ¼ right step L back – Step R to side – Step L forward

REPEAT

TAG: End of walls 2 & 4 (Both facing 12:00)

KICK BALL CROSS, BIG SIDE STEP, TAP, HIPS BUMPS

1&2 Kick R forward – Step R beside L – Cross L over R
3-4 Take a big step R to side and drag L toward R – Tap L beside R
5&6& Bump hips up to left – Bump hips to right – Bump hips down to left and bend knees – Bump hips to right
7&8& Bump hips up to left – Bump hips to right – Bump hips down to left and bend knees – Bump hips to right

KICK BALL CROSS, BIG SIDE STEP, TAP, HIPS BUMPS

1&2 Kick L forward – Step L beside L – Cross R over L
3-4 Take a big step L to side and drag R toward L – Tap R beside L
5&6& Bump hips up to right – Bump hips to left – Bump hips down to right and bend knees – Bump hips to left
7&8& Bump hips up to right – Bump hips to left – Bump hips down to right and bend knees – Bump hips to left

For song & step sheet please contact: Roosamekto.Nugroho@gmail.com

