

The Jump

COPPER KNOB
BY STEPHEN METZ

拍数: 32 墙数: 4 级数: Improver
编舞者: Rebecca Armstrong (SCO) - March 2017
音乐: Die Krüge hoch - Antonio Balloni & Michi Steirer



*(Theme song at the end of "the jump")

[1-8] rock cross shuffle, rock cross shuffle

1-2 rock R to R side, recover on to L
3&4 step R across L, step L to L side, step R across L
5-6 rock L to L side, recover on to R
7&8 step L across R, step R to R side, step L across R

[9-16] side behind ¼ shuffle, rock recover coaster

1-2 step R to R side, step L behind R
3&4 make ¼ turn R stepping fwd on R, step L beside R, step fwd on R
5-6 rock fwd on L, recover back on R
7&8 step back on L, step R beside L, step fwd on L

[17-24] side (dab) hold, behind side cross X 2

1-2 step R to R side (dab*), hold
3&4 step L behind R, step R to R side, step L across R
5-6 step R to R side (dab *), hold
5&6 step L behind R, step R to R side, step L across R

[25-32] rock cross shuffle, ½ turn touch

1-2 rock R to R side, recover on to L
3&4 step R across L, step L to L side, step R across L
5-6 make ¼ turn R stepping back on L, make ¼ turn R stepping fwd on R
7-8 step slightly fwd on L, touch R beside L

Restart : On Wall 5, dance 24 counts then restart from beginning

*dab – left arm across face, R arm to right side
