

Warriors

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Rebecca Armstrong (SCO) - February 2017
音乐: Warriors - CoCo and The Butterfields



Start on the beat

[1-8] ¼ heel grind, ¼ step point, step with flick, scuff step, toe touch,

1-2 make ¼ turn R grinding R heel across L, step back on L
3-4 make ¼ turn R stepping R to R side, point L to L side ,
5-6 Make ¼ Turn L stepping on L while flicking R back, scuff R fwd,
7-8& step on R, touch L Toe behind R, step on L

[9- 16] heel touch, hook, fwd shuffle, rock recover , ½ turn, ¼ step,

1-2 touch R heel fwd, hook R across L
3&4 step fwd on R, step L beside R, step fwd on R
5-6 rock fwd on L, recover back on to R
7-8 make a ½ turn back over L shoulder stepping on L, continue another ¼ turn stepping R to R side

[17-24] step behind, ¼ step, step, ½ pivot, ¼ step, touch, R side shuffle,

1-2 step L behind R, make ¼ turn R stepping fwd on R
3-4 step fwd on L, pivot ½ turn over R shoulder (weight on R)
5-6 make ¼ turn R stepping L to L side , touch R beside L
7&8 step R to R side, step L beside R, step R to R side

[25-32] behind, rock recover , behind, rock recover cross , sweep

1-2 step L behind R , rock R to R side
3-4 recover on to L , step R behind L
5-6 rock L to L side , recover on to R
7-8 step L across R , sweep R around ready to start again