Ez Tamales



拍数: 32 墙数: 2 级数:

编舞者: Tony Marcantonio (USA) - March 2017

音乐: Country Down to My Soul - Lee Roy Parnell



Alt. Music: Country Down To My Soul – Scooter Lee

NO TAGS OR RESTARTS!

VINE RIGHT WITH KICK, VINE LEFT WITH KICK

Step R to R side, Step L behind R, Step R to R side, Kick L forward at L diagonal
Step L to L side, Step R behind L, Step L to L side, Kick R forward at R diagonal

STEP BACK TOE DROPS (X4)

1-4 Step Back Right Toe, Drop R Heel, Step Back L Toe, Drop L Heel

5-8 Repeat steps 1-4 (weight should be even on both feet, about shoulder width apart)

SWIVEL HOLD, SWIVEL HOLD, QUICK SWIVELS

1-2 Swivel Heels to Left. Hold.3-4 Swivel Heels to Right. Hold

5-8 Swivel Heels Left, Swivel Heels Right, Swivel Heels Left, Swivel Heels Right (weight on L)

KNEE POP WALK MAKING 1/2 TURN

1-2 Step forward on R toes, Drop R heel

3-4 Step forward on L making 1/8 turn L (facing 11:00) Drop L Heel
 5-6 Step Forward on R making 1/8 turn L (facing 8:00) Drop R Heel

7-8 Step Forward on L (squaring up to 6:00 wall)

START AGAIN

Have fun, remember to smile. And when you dance, DANCE WITH ATTITUDE!!

Contact: Indy_ny_27@yahoo.com