

Hear Me Now

COPPERKNOB
STEPSHEETS

拍数: 64 墙数: 2 级数: Phrased Beginner
编舞者: Queen (CN) - March 2017
音乐: Hear Me Now - Alok, Zeeba & Bruno Martini : (Album: Hear Me Now)



Intro: 32 counts - Sequence: AAA B AAA B AAA

PART A: 32 counts

AS1 : STEP, TOUCH, STEP, TOUCH, VINE, POINT

1234 Step R to right side, Touch L next to R, Step L to left side, Touch R next to L
5678 Step R to right side, Step L behind R, Step R to right side, Point L toe to left side

AS2: ROCKING CHAIR, 1/4 PIVOT R, CROSS, POINT

1234 Rock L forward, Recover to R, Rock L back, Recover to R,
5678 Step L forward, Turn 1/4 R weight to R, Cross L over R, Point R toe to right side

AS3: CROSS, POINT, CROSS, POINT, BACK, HITCH, BACK, HITCH

1234 Cross R over L, Point L toe to left side, Cross L over R, Point R toe to right side
5678 Step R back, Hitch L forward, Step L back, Hitch R forward

AS4: COASTER STEP, HOLD, 1/4 PIVOT R, CROSS, HOLD

1234 Step R back, Step L together, Step R forward, Hold
5678 Step L forward, Turn 1/4 R weight to R, Cross L over R, Hold

PART B: 32 counts

BS1 : BOX STEP

1234 Step R to right side, Step L together, Step R forward, Drag L toward to R
5678 Step L to left side, Step R together, Step L back, Drag R toward to L

BS2: SLIDE, DRAG, BACK ROCK, SLIDE, DRAG, BACK ROCK,

1234 Large step to right side, Drag L to R, Rock L back, Recover to R
5678 Large step to left side, Drag R to L, Rock R back, Recover to L

BS3: SWAY, 1/4 TURN R, SWAY, 1/4 TURN R,

1234 Step R to right side and sway your body to right, Turn 1/4 R step L to left side and sway your
body to left
5678 Sway your body to right, Turn 1/4 R step L to left side and sway your body to left

BS4: WALK FORWARD x4

1234 Slow walk forward for 2 counts, R, L
5678 Slow walk forward for 2 counts, R, L ,

Have your fun!

Contact: 1625845073@qq.com