

Before I Dive

COPPER KNOB
STEPSHEETS

拍数: 48 墙数: 2 级数: Intermediate waltz
编舞者: Travis Taylor (AUS) - March 2017
音乐: Dive - Ed Sheeran : (Album: Divide - Track 3 - iTunes - 3:58)



FWD, SIDE, TOGETHER, BACK DRAG, SIDE, TOGETHER, FWD, STEP LOCK STEP

1-2-3 Step L fwd, Step R to R side, Step L together
4-5-6 Step R back dragging L towards R (no weight change)
1-2-3 Step L to L side, Step R together, Step L fwd
4-5-6 Step R fwd, Lock L behind R, Step R fwd

SLOW 1/2 R PIVOT, 1/4 R SIDE DRAG, BEHIND, SIDE, CROSS, SIDE, BACK ROCK/REPLACE

1-2-3 Step L fwd, 1/2 R Raise Pivot on both balls, Drop weight on R
4-5-6 1/4 R Step L to L side dragging R towards L
1-2-3 Step R behind L, Step L to L side, Cross R over L
4-5-6 Step L to L side, Rock back on R, Replace weight on L

QUARTER, HALF, QUARTER, SIDE BACK ROCKS X 2

1-2-3 3/4 L Spin – 1/4 L Step R back whilst starting to turn 1/2 L raising L, L and L foot fwd on Count 3
4-5-6 1/4 R Step R to R side and hold for Count 5-6
1-2-3 Step L to L side, Rock back on R, Replace weight on L
4-5-6 Step R to R side, Rock back on L, Replace weight on R

QUARTER, HALF, FWD, FWD BASIC, BACK DRAG, BACK BASIC

1-2-3 1/4 R Step L back, 1/2 R Step R fwd, Step L fwd
4-5-6 Step R fwd, Step L together, Step R slightly back
1-2-3 Step L back whilst dragging R towards L
4-5-6 Step R back, Step L together, Step R slightly fwd

Tag – At the end of Walls 3 and 6 – Just dance the following

1-2-3 Step L fwd, Step R to R side, Step L together
4-5-6 Step R back dragging L towards R (no weight change)
1-2-3 Step L to L side and sway hips L – hold hold
4-5-6 Return weight on R & sway hips R – hold hold

Pause – At the end of Wall 9 – Pause for 3 Counts (Don't call me baby)

Contact ~ Travis Taylor – dancewithtravis@gmail.com