

Live While We're Young

COPPERKNOB
STEPSHEETS

拍数: 96 墙数: 1 级数: Phrased Improver
编舞者: Wendy Lin (TW) - March 2017
音乐: Chin Tsun Bu Yau Liu Bai (年轻不要留白) - Lu Mou Yee (路默依)



Sequence of dance: Intro/AAB Tag2 C Tag2/ AA Tag1 C/AAB Tag2 C Tag2/AAB(16)

Note:(Refer To Video For Hands & Body Movement)

Intro: 32 counts

Intro dance (Tag 1) 32 counts

1,2,3,4 Hop R in place, kick L fwd, hop L in place, kick R fwd
5,6,7,8 Repeat 1,2,3,4
9,10,11,12 Step R to R side, step L together, step R to R side, touch L together
13,14,15,16 Step L to L side, step R together, step L to L side, touch R together

[17-32] Repeat [1-16]

Tag 2 (4 counts)

1,2,3,4 (Hop both feet out, hop both feet in), repeat again

SECTION A (32 COUNTS)

A1. LEAN R & BOUNCE ON R HIP AS YOU WAVING R ARM OVER HEAD TWD R SIDE, REPEAT ON L SIDE MOVING L ARM IN FRONT OF CHEST TWD L SIDE

1,2,3,4 Lean and bounce on your R hip as you wave your arm over head twd R side
5,6,7,8 Lean and bounce on your L hip as you move your arm in front of chest twd L side

A2. ¼ R WALK FWD ON RLR, 1/4 L, TOUCH TOGETHER WITH CLAPS, 1/4L WALK FWD ON LRL, ¼ R, TOUCH TOGETHER WITH CLAPS

1,2,3,4 ¼ R walk fwd on RLR, 1/4L, Touch L Together With Hands Clap
5,6,7,8 1/4L Walk fwd on LRL, ¼ R, Touch R Together With Hands Clap

A3. ¼ R WALK FWD ON RL, 1/2L, L KICK L FWD, WALK FWD ON LR, 1/2L, R KICK R FWD

1,2,3,4 1/4 R Walk fwd on RL, 1/2L, Stepping R To R, L kick L fwd
5,6,7,8 L Walk fwd on LR, 1/2L, Stepping L To L, R kick R to R fwd

A4. MAKE A FULL TURN BY RUN ON RLRL, SWAY RLRL

1,2,3,4 Make a full turn by running in clockwise direction on RLRL
5,6,7,8 Sway in place RLRL

SECTION B (32 COUNTS)

B1. SIDE, TOGETHER, SIDE, TOUCH, REPEAT ON L SIDE

1,2,3,4 Step R to R side, step L together, step R to R side, touch L beside R
5,6,7,8 Step L to L side, step R together, step L to L side, touch R beside L

B2. SIDE, TOGETHER, SIDE, TOUCH, REPEAT ON L SIDE

1,2,3,4 Step R to R side, step L together, step R to R side, touch L beside R
5,6,7,8 Step L to L side, step R together, step L to L side, touch R beside L

B3. (HITCH R TO R DIAGONAL, STEP BACK IN PLACE) X4

1-8 (hitch R to R diagonal, step R back in place) repeat 4 times

B4. (HITCH L TO L DIAGONAL, STEP BACK IN PLACE) X4

1-8 (hitch L to L diagonal, step L back in place) repeat 4 times

SECTION C (32 COUNTS)

C1. BODY MOVING FWD 7 BACK

1,2,3,4 Step fwd on R and move body fwd
5,6,7,8 Step back on L and move body back

C2. FULL TURN L PADDLE TOUCH & FLICK

1-8 Complete full turn L side point on R & flick for 4 times

C3. Repeat C1

C4. Repeat C2

Happy dancing:

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