

# Milk And Honey

**COPPER KNOB**  
BY STEPHEN

拍数: 32                      墙数: 2                      级数: Beginner / Improver  
编舞者: John Sandham (ES) & Krys Myerscough (ES) - March 2017  
音乐: Hey God - Dave Sheriff & The Britpickers : (iTunes, amazon)



## sec 1. Heel Hook shuffle Heel Hook Shuffle

123&4                      Tap right heel fwd-hook right heel across left Knee-Shuffle fwd Rt Lt Rt  
567&8                      Tap left heel fwd-hook left heel across right knee-shuffle fwd Lt Rt Lt.

## sec 2. Rock Recover 1/2 turn Shuffle Step 1/4 Pivot Cross Shuffle

1-2                      Rock fwd on right foot-recover back on left foot.  
3&4                      make a 1/2 turn shuffle over Rt shoulder on right left right.  
5-6                      step fwd on left foot-make a 1/4 pivot to right on both feet.  
7&8                      cross left over right-step right to side-cross left over right.

## sec 3. Sway Right Sway left Sway Right 1/4 turn Brush.

1-2                      sway right foot to side-touch Lt next to right foot.  
3-4                      sway left foot to side-touch right next to left foot.  
5-6                      Sway right foot to side-touch Lt next to right foot.  
7-8                      make a 1/4 turn to left on left foot-brush right foot fwd.

## sec 4. Shuffle back Coaster Step Shuffle Fwd Step Brush.

1&2                      shuffle back on right left right.  
3&4                      step back on left-step right next to left-step forward on left.  
5&6                      shuffle fwd on right left right.  
7-8                      step fwd on left-brush right foot forward.....

Start over from sec 1.

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